



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Aurelie DESCHEPPER

ERM/KMS

Omloop : D:01

Afstand : 5900m (Hoogteverschil 195m)

Tijd : 0:55:35 (9'25"/km)

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O.K.

[Volledige uitslagen op Webres](#)

1. Véronique DE BRIEY

0:48:08

1.	101	00:02:01		189m	10'40"/km
2.	102	00:02:06	00:04:07	217m	9'41"/km
3.	103	00:01:50	00:05:57	207m	8'51"/km
4.	104	00:03:55	00:09:52	489m	8'01"/km
5.	126	00:01:46	00:11:38	175m	10'06"/km
6.	127	00:01:52	00:13:30	98m	19'03"/km
7.	105	00:01:14	00:14:44	117m	10'32"/km
8.	107	00:02:09	00:16:53	268m	8'01"/km
9.	108	00:01:56	00:18:49	97m	19'56"/km
10.	109	00:02:02	00:20:51	252m	8'04"/km
11.	110	00:02:08	00:22:59	170m	12'33"/km
12.	111	00:01:03	00:24:02	154m	6'49"/km
13.	112	00:02:48	00:26:50	341m	8'13"/km
14.	113	00:01:53	00:28:43	142m	13'16"/km
15.	114	00:01:52	00:30:35	239m	7'49"/km
16.	115	00:01:55	00:32:30	127m	15'06"/km
17.	137	00:01:51	00:34:21	230m	8'03"/km
18.	117	00:02:34	00:36:55	187m	13'44"/km
19.	118	00:02:03	00:38:58	251m	8'10"/km
20.	146	00:01:47	00:40:45	200m	8'55"/km
21.	134	00:01:58	00:42:43	242m	8'08"/km
22.	140	00:03:04	00:45:47	341m	9'00"/km
23.	147	00:02:08	00:47:55	154m	13'51"/km
24.	143	00:00:54	00:48:49	74m	12'10"/km
25.	125	00:01:29	00:50:18	176m	8'26"/km
26.	123	00:01:46	00:52:04	151m	11'42"/km
27.	124	00:01:12	00:53:16	215m	5'35"/km
28.	120	00:01:30	00:54:46	246m	6'06"/km
29.	121	00:00:36	00:55:22	85m	7'04"/km
30.	180	00:00:13	00:55:35	52m	4'10"/km