



GOS Gentbrugge

Gent 4.11.2023

TROL

Frank DE BOLSTER

Indiv.

Course : Omloop 2

Distance : 3200m

Time : 1:10:54,589 (22'09"/km)

15/28

O.K.

[Full result on Webres](#)

1. Jan CAPPAERT	0:27:17,105
2. Sam BLOK	0:28:00,484
3. Anne Mette Schmidt FRATTARI	0:32:11,578

1.	46	00:11:18		394m	28'41"/km
2.	38	00:05:36	00:16:54		
3.	39	00:03:45	00:20:39	153m	24'31"/km
4.	32	00:03:29	00:24:08	212m	16'26"/km
5.	34	00:04:35	00:28:43	297m	15'26"/km
6.	40	00:11:11	00:39:54	218m	51'18"/km
7.	53	00:01:09	00:41:03		
8.	41	00:05:54	00:46:57	202m	29'12"/km
9.	42	00:02:48	00:49:45	282m	9'56"/km
10.	43	00:04:38	00:54:23	207m	22'23"/km
11.	36	00:02:12	00:56:35	215m	10'14"/km
12.	44	00:08:52	01:05:27	304m	29'10"/km
13.	45	00:02:43	01:08:10	173m	15'42"/km
14.	37	00:02:01	01:10:11	162m	12'27"/km
15.	999	00:00:43	01:10:54	106m	6'46"/km

HELGA
Orienteering Software