



LOS 2023-08
Arenberg 21.10.2023
Omega

Roel VAN DE MOORTELE

Omega

Course : H:01

Distance : 5500m

Time : 0:35:56 (6'32"/km)

8/51

O.K.

[Full result on Webres](#)

1. Mats DE SMUL	0:28:16
2. Lennert LENS	0:31:08
3. Peter COKELAERE	0:33:49

1.	55	00:00:57		186m	5'06"/km
2.	56	00:01:01	00:01:58	129m	7'53"/km
3.	45	00:01:29	00:03:27	285m	5'12"/km
4.	49	00:01:09	00:04:36	176m	6'32"/km
5.	44	00:00:49	00:05:25	145m	5'38"/km
6.	54	00:01:14	00:06:39	259m	4'46"/km
7.	43	00:01:13	00:07:52	219m	5'33"/km
8.	42	00:01:00	00:08:52	120m	8'20"/km
9.	37	00:01:31	00:10:23	154m	9'51"/km
10.	41	00:01:22	00:11:45	209m	6'32"/km
11.	39	00:01:12	00:12:57	246m	4'53"/km
12.	52	00:01:19	00:14:16	178m	7'24"/km
13.	47	00:00:52	00:15:08	191m	4'32"/km
14.	50	00:00:42	00:15:50	122m	5'44"/km
15.	53	00:00:49	00:16:39	142m	5'45"/km
16.	51	00:02:34	00:19:13	247m	10'23"/km
17.	60	00:01:19	00:20:32	190m	6'56"/km
18.	35	00:01:33	00:22:05	293m	5'17"/km
19.	61	00:01:51	00:23:56	235m	7'52"/km
20.	38	00:00:38	00:24:34	112m	5'39"/km
21.	40	00:01:37	00:26:11	121m	13'22"/km
22.	48	00:00:48	00:26:59	107m	7'29"/km
23.	32	00:01:03	00:28:02	102m	10'18"/km
24.	31	00:00:39	00:28:41	121m	5'22"/km
25.	58	00:01:15	00:29:56	157m	7'58"/km
26.	34	00:02:13	00:32:09	386m	5'45"/km
27.	36	00:01:19	00:33:28	232m	5'41"/km
28.	57	00:01:33	00:35:01	245m	6'20"/km
29.	46	00:00:40	00:35:41	142m	4'42"/km
30.	999	00:00:15	00:35:56	51m	4'54"/km