



# Militair Regelmatigheidscriterium

Arendonk 17.10.2023

Bvr/5Li

**Mark VAN BRUGGEN**

TROL

Omloop : H:06

Afstand : 4200m

Tijd : 1:12:56 (17'22"/km)

**17/27**

O.K.

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- |                       |         |
|-----------------------|---------|
| 1. Luc HEUNINCKX      | 0:45:28 |
| 2. Steve FAFRA        | 0:47:56 |
| 3. Vic VANDERSTRAETEN | 0:55:38 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 121 | 00:03:18 |          | 136m  | 24'16"/km |
| 2.  | 123 | 00:03:00 | 00:06:18 | 164m  | 18'18"/km |
| 3.  | 124 | 00:03:49 | 00:10:07 | 252m  | 15'09"/km |
| 4.  | 141 | 00:06:18 | 00:16:25 | 462m  | 13'38"/km |
| 5.  | 142 | 00:03:46 | 00:20:11 | 211m  | 17'51"/km |
| 6.  | 143 | 00:04:45 | 00:24:56 | 297m  | 16'00"/km |
| 7.  | 134 | 00:18:14 | 00:43:10 | 1237m | 14'44"/km |
| 8.  | 136 | 00:06:15 | 00:49:25 | 100m  | 62'30"/km |
| 9.  | 137 | 00:04:37 | 00:54:02 | 244m  | 18'55"/km |
| 10. | 140 | 00:05:40 | 00:59:42 | 403m  | 14'04"/km |
| 11. | 139 | 00:01:43 | 01:01:25 | 95m   | 18'04"/km |
| 12. | 131 | 00:05:15 | 01:06:40 | 239m  | 21'58"/km |
| 13. | 135 | 00:03:43 | 01:10:23 | 167m  | 22'15"/km |
| 14. | 133 | 00:01:52 | 01:12:15 | 118m  | 15'49"/km |
| 15. | 180 | 00:00:41 | 01:12:56 | 61m   | 11'12"/km |

Orienteering Software