



Militair Regelmatigheidscriterium

Arendonk 17.10.2023

Bvr/5Li

Jonathan BLOCKX

HQ Mot Bde

Omloop : H:01

Afstand : 9100m

Tijd : 1:30:16 (9'55"/km)

13/27

O.K.

[Volledige uitslagen op Webres](#)

1. Jasper MOREELS	1:08:09
2. Philip VAN HEMELEEN	1:08:41
3. Marc KERCKHOFS	1:09:01

1.	101	00:07:32		874m	8'37"/km
2.	102	00:02:26	00:09:58	328m	7'25"/km
3.	103	00:02:11	00:12:09	250m	8'44"/km
4.	104	00:02:14	00:14:23	268m	8'20"/km
5.	105	00:01:01	00:15:24	132m	7'42"/km
6.	106	00:03:06	00:18:30	443m	7'00"/km
7.	107	00:02:02	00:20:32	218m	9'20"/km
8.	108	00:02:15	00:22:47	223m	10'05"/km
9.	109	00:01:08	00:23:55	144m	7'52"/km
10.	110	00:02:51	00:26:46	232m	12'17"/km
11.	111	00:00:49	00:27:35	60m	13'37"/km
12.	112	00:01:41	00:29:16	164m	10'16"/km
13.	113	00:01:43	00:30:59	210m	8'10"/km
14.	114	00:03:25	00:34:24	178m	19'12"/km
15.	162	00:07:35	00:41:59	854m	8'53"/km
16.	161	00:02:36	00:44:35	308m	8'26"/km
17.	115	00:02:00	00:46:35	233m	8'35"/km
18.	116	00:02:39	00:49:14	293m	9'03"/km
19.	117	00:03:43	00:52:57	242m	15'21"/km
20.	118	00:01:06	00:54:03	114m	9'39"/km
21.	125	00:12:05	01:06:08	917m	13'11"/km
22.	120	00:02:41	01:08:49	354m	7'35"/km
23.	126	00:02:59	01:11:48	340m	8'46"/km
24.	128	00:06:22	01:18:10	595m	10'42"/km
25.	129	00:02:19	01:20:29	259m	8'57"/km
26.	130	00:02:00	01:22:29	248m	8'04"/km
27.	131	00:01:56	01:24:25	222m	8'43"/km
28.	132	00:03:52	01:28:17	204m	18'57"/km
29.	133	00:01:36	01:29:53	144m	11'07"/km
30.	180	00:00:23	01:30:16	61m	6'17"/km