



Militair Regelmatigheidscriterium

Arendonk 17.10.2023

Bvr/5Li

Nico VAN UYTSEL

Bn Aie

Omloop : H:01

Afstand : 9100m

Tijd : 1:26:10 (9'28"/km)

10/27

O.K.

[Volledige uitslagen op Webres](#)

1. Jasper MOREELS	1:08:09
2. Philip VAN HEMELLEN	1:08:41
3. Marc KERCKHOFS	1:09:01

1.	101	00:06:29		874m	7'25"/km
2.	102	00:02:43	00:09:12	328m	8'17"/km
3.	103	00:03:01	00:12:13	250m	12'04"/km
4.	104	00:01:54	00:14:07	268m	7'05"/km
5.	105	00:01:09	00:15:16	132m	8'43"/km
6.	106	00:02:59	00:18:15	443m	6'44"/km
7.	107	00:01:47	00:20:02	218m	8'11"/km
8.	108	00:03:27	00:23:29	223m	15'28"/km
9.	109	00:01:23	00:24:52	144m	9'36"/km
10.	110	00:02:31	00:27:23	232m	10'51"/km
11.	111	00:01:49	00:29:12	60m	30'17"/km
12.	112	00:01:26	00:30:38	164m	8'44"/km
13.	113	00:02:04	00:32:42	210m	9'50"/km
14.	114	00:02:21	00:35:03	178m	13'12"/km
15.	162	00:07:17	00:42:20	854m	8'32"/km
16.	161	00:02:13	00:44:33	308m	7'12"/km
17.	115	00:01:48	00:46:21	233m	7'44"/km
18.	116	00:04:06	00:50:27	293m	14'00"/km
19.	117	00:03:25	00:53:52	242m	14'07"/km
20.	118	00:00:59	00:54:51	114m	8'38"/km
21.	125	00:06:56	01:01:47	917m	7'34"/km
22.	120	00:02:48	01:04:35	354m	7'55"/km
23.	126	00:04:30	01:09:05	340m	13'14"/km
24.	128	00:05:20	01:14:25	595m	8'58"/km
25.	129	00:02:59	01:17:24	259m	11'31"/km
26.	130	00:01:58	01:19:22	248m	7'56"/km
27.	131	00:01:46	01:21:08	222m	7'57"/km
28.	132	00:02:25	01:23:33	204m	11'51"/km
29.	133	00:02:14	01:25:47	144m	15'31"/km
30.	180	00:00:23	01:26:10	61m	6'17"/km