



# Nationale lang Sonnis - Kelchterhoef

## HOUTHALEN 1.10.2023

### K.O.L.

**Vincent VERSTREPEN**

Omega

Omloop : LD

Afstand : 7550m

Tijd : 2:07:37 (16'54"/km)

**20/25**

O.K.

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|                  |         |
|------------------|---------|
| 1. Arno KEUPPENS | 0:50:08 |
| 2. Jeremy GENAR  | 0:54:54 |
| 3. Miek FABRÉ    | 1:02:30 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 127 | 00:10:54 |          | 549m  | 19'51"/km |
| 2.  | 193 | 00:03:41 | 00:14:35 | 368m  | 10'01"/km |
| 3.  | 172 | 00:04:38 | 00:19:13 | 433m  | 10'42"/km |
| 4.  | 148 | 00:14:44 | 00:33:57 | 1083m | 13'36"/km |
| 5.  | 165 | 00:04:11 | 00:38:08 | 275m  | 15'13"/km |
| 6.  | 134 | 00:02:41 | 00:40:49 | 181m  | 14'50"/km |
| 7.  | 110 | 00:04:42 | 00:45:31 | 552m  | 8'31"/km  |
| 8.  | 108 | 00:05:47 | 00:51:18 | 229m  | 25'15"/km |
| 9.  | 186 | 00:02:17 | 00:53:35 | 164m  | 13'55"/km |
| 10. | 194 | 00:07:43 | 01:01:18 | 312m  | 24'44"/km |
| 11. | 116 | 00:09:14 | 01:10:32 | 324m  | 28'30"/km |
| 12. | 136 | 00:01:27 | 01:11:59 | 133m  | 10'54"/km |
| 13. | 176 | 00:11:37 | 01:23:36 | 479m  | 24'15"/km |
| 14. | 104 | 00:04:03 | 01:27:39 | 192m  | 21'06"/km |
| 15. | 181 | 00:07:10 | 01:34:49 | 519m  | 13'49"/km |
| 16. | 188 | 00:11:11 | 01:46:00 | 622m  | 17'59"/km |
| 17. | 170 | 00:14:19 | 02:00:19 | 326m  | 43'55"/km |
| 18. | 123 | 00:02:04 | 02:02:23 | 208m  | 9'56"/km  |
| 19. | 118 | 00:02:24 | 02:04:47 | 179m  | 13'24"/km |
| 20. | 200 | 00:01:35 | 02:06:22 | 116m  | 13'39"/km |
| 21. | 999 | 00:01:15 | 02:07:37 | 229m  | 5'28"/km  |

Orienteering Software