



Nationale lang Sonnis - Kelchterhoef

HOUTHALEN 1.10.2023

K.O.L.

Camille PALM

Hermathenae

Omloop : SD

Afstand : 4470m

Tijd : 1:20:51 (18'05"/km)

15/29

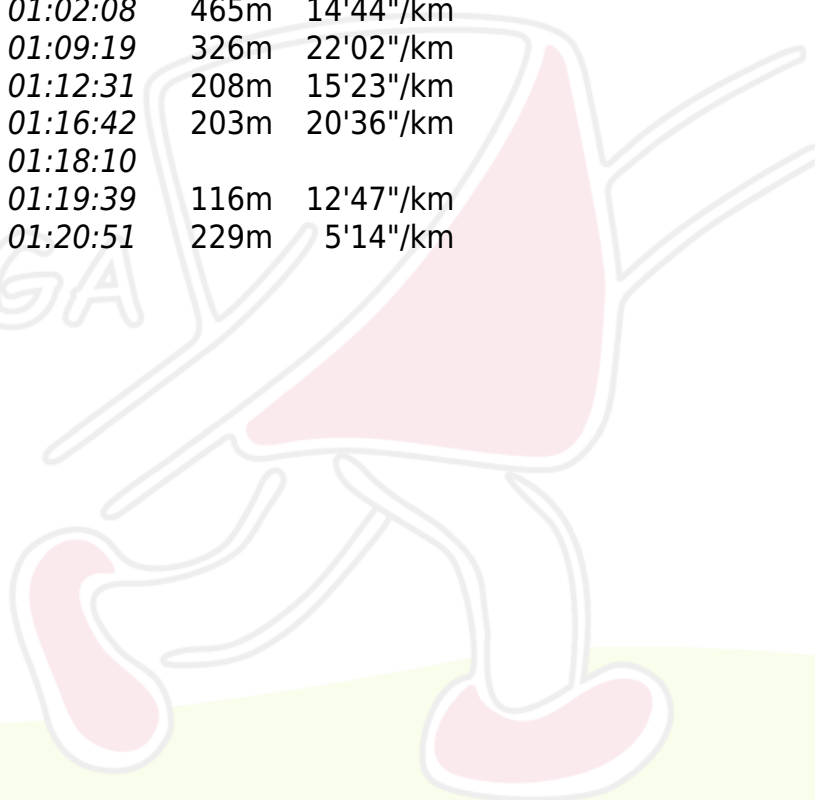
O.K.

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- | | |
|-------------------|---------|
| 1. Silke VAN ROOY | 0:43:21 |
| 2. Bart WILLEMS | 0:44:12 |
| 3. Wolf DE MITS | 0:45:17 |

1.	127	00:15:29		549m	28'12"/km
2.	193	00:04:22	00:19:51	368m	11'52"/km
3.	172	00:06:09	00:26:00	433m	14'12"/km
4.	194	00:16:14	00:42:14	738m	22'00"/km
5.	116	00:04:47	00:47:01	324m	14'46"/km
6.	181	00:03:56	00:50:57	211m	18'38"/km
7.	175	00:04:20	00:55:17	244m	17'46"/km
8.	188	00:06:51	01:02:08	465m	14'44"/km
9.	170	00:07:11	01:09:19	326m	22'02"/km
10.	123	00:03:12	01:12:31	208m	15'23"/km
11.	125	00:04:11	01:16:42	203m	20'36"/km
12.	118	00:01:28	01:18:10		
13.	200	00:01:29	01:19:39	116m	12'47"/km
14.	999	00:01:12	01:20:51	229m	5'14"/km

HELGA



Orienteering Software