



Nationale lang Sonnis - Kelchterhoef HOUTHALEN 1.10.2023 K.O.L.

Christian KRINGS

O.L.G. St. Vith ARDOC

Omloop : H70

Afstand : 4220m

Tijd : 0:51:40 (12'15"/km)

6/13

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Jean BREDO | 0:46:39 |
| 2. Rogier VANAKEN | 0:46:59 |
| 3. Rudy CANTRE | 0:48:43 |

1.	189	00:04:28		430m	10'23"/km
2.	133	00:01:38	00:06:06	205m	7'58"/km
3.	195	00:10:09	00:16:15	209m	48'34"/km
4.	192	00:03:35	00:19:50	399m	8'59"/km
5.	190	00:02:41	00:22:31	233m	11'31"/km
6.	179	00:01:23	00:23:54	160m	8'39"/km
7.	151	00:03:48	00:27:42	291m	13'04"/km
8.	196	00:03:36	00:31:18	321m	11'13"/km
9.	120	00:03:00	00:34:18	171m	17'33"/km
10.	184	00:03:55	00:38:13	293m	13'22"/km
11.	121	00:03:10	00:41:23	296m	10'42"/km
12.	102	00:02:17	00:43:40	273m	8'22"/km
13.	198	00:03:04	00:46:44	316m	9'42"/km
14.	118	00:02:52	00:49:36	197m	14'33"/km
15.	200	00:00:59	00:50:35	116m	8'29"/km
16.	999	00:01:05	00:51:40	229m	4'44"/km

Orienteering Software