



Nationale lang Sonnis - Kelchterhoef

HOUTHALEN 1.10.2023

K.O.L.

Guido LENGES

OLV Eifel

Omloop : H45

Afstand : 9580m

Tijd : 1:13:07 (7'38"/km)

5/15

O.K.

[Volledige uitslagen op Webres](#)

1. Christophe BERNARD	1:02:53
2. Jan OEYEN	1:03:28
3. Kim JANSEN	1:03:37

1.	130	00:01:58		291m	6'45"/km
2.	133	00:01:02	00:03:00	174m	5'56"/km
3.	135	00:01:41	00:04:41	275m	6'07"/km
4.	178	00:01:49	00:06:30	287m	6'20"/km
5.	179	00:02:31	00:09:01	410m	6'08"/km
6.	151	00:02:26	00:11:27	291m	8'22"/km
7.	199	00:07:33	00:19:00	1073m	7'02"/km
8.	134	00:01:23	00:20:23	207m	6'41"/km
9.	164	00:00:35	00:20:58	106m	5'30"/km
10.	110	00:03:07	00:24:05	473m	6'35"/km
11.	139	00:01:57	00:26:02	317m	6'09"/km
12.	162	00:05:11	00:31:13	690m	7'31"/km
13.	126	00:02:28	00:33:41	251m	9'50"/km
14.	114	00:02:59	00:36:40	497m	6'00"/km
15.	115	00:02:03	00:38:43	363m	5'39"/km
16.	110	00:02:06	00:40:49	379m	5'32"/km
17.	131	00:03:24	00:44:13	457m	7'26"/km
18.	136	00:03:12	00:47:25	430m	7'27"/km
19.	117	00:03:46	00:51:11	293m	12'51"/km
20.	107	00:01:07	00:52:18	154m	7'15"/km
21.	175	00:04:18	00:56:36	534m	8'03"/km
22.	121	00:02:12	00:58:48	291m	7'34"/km
23.	188	00:01:17	01:00:05	202m	6'21"/km
24.	170	00:06:27	01:06:32	326m	19'47"/km
25.	123	00:01:45	01:08:17	208m	8'25"/km
26.	200	00:03:43	01:12:00	295m	12'36"/km
27.	999	00:01:07	01:13:07	229m	4'53"/km

Orienteering Software