



Treino 33 - 2023
Jardim Chapadão 18.9.2023
Clube de Orientação da EsPCEEx

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Clube de Orientação da EsPCEEx

Percurso : H21B

Distancia : 8800m (Desnivel 150m)

Tempo : 1:13:29 (8'21"/km)

6/15

O.K.

[Resultados completos em Webres](#)

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|------------------------------------|---------|
| 1. Leonardo Naysinger Arruda | 1:04:34 |
| 2. Rhuan Marcelo Mota Garcia | 1:06:19 |
| 3. João Pedro Carvalho De Oliveira | 1:08:24 |

1.	43	00:02:46		441m	6'16"/km
2.	45	00:03:38	00:06:24	589m	6'10"/km
3.	42	00:01:44	00:08:08	147m	11'47"/km
4.	41	00:01:20	00:09:28	266m	5'01"/km
5.	44	00:01:24	00:10:52	201m	6'58"/km
6.	46	00:01:35	00:12:27	226m	7'00"/km
7.	47	00:01:20	00:13:47	162m	8'14"/km
8.	51	00:05:35	00:19:22	663m	8'25"/km
9.	59	00:01:17	00:20:39	171m	7'30"/km
10.	50	00:02:27	00:23:06	330m	7'25"/km
11.	49	00:01:46	00:24:52	206m	8'35"/km
12.	54	00:03:40	00:28:32	372m	9'51"/km
13.	53	00:02:23	00:30:55	403m	5'55"/km
14.	48	00:01:46	00:32:41	182m	9'42"/km
15.	57	00:02:01	00:34:42	212m	9'31"/km
16.	47	00:01:58	00:36:40	273m	7'12"/km
17.	44	00:01:42	00:38:22	257m	6'37"/km
18.	35	00:06:14	00:44:36	687m	9'04"/km
19.	36	00:08:05	00:52:41	487m	16'36"/km
20.	38	00:04:06	00:56:47	317m	12'56"/km
21.	37	00:03:31	01:00:18	374m	9'24"/km
22.	33	00:02:44	01:03:02	288m	9'29"/km
23.	31	00:01:14	01:04:16	155m	7'57"/km
24.	32	00:00:59	01:05:15	110m	8'56"/km
25.	39	00:03:40	01:08:55	496m	7'24"/km
26.	60	00:02:27	01:11:22	430m	5'42"/km
27.	58	13:07:55	14:19:17	150m	52'47"/km
28.	999	01:05:48	15:25:05	123m	53'48"/km

Orienteering Software