



4ª Etapa CIPO - Ponta Grossa - FPO
Comunidade do Cerradinho 17.9.2023
Clube de Orientação Princesa dos Campos

Ronaldo Grontowski Ribeiro

Clube de Orientação de Curitiba

Percurso : H Veter A

Distancia : 5000m (Desnivel 150m)

Tempo : 1:33:02 (18'36"/km)

11/14

O.K.

[Resultados completos em Webres](#)

1. Divair José Fachi	0:55:14
2. Carlos Alberto Xavier	1:06:03
3. Mario Cesar Lietz	1:09:31

1.	70	00:06:33		437m	14'59"/km
2.	94	00:17:19	00:23:52	389m	44'31"/km
3.	118	00:01:06	00:24:58	116m	9'29"/km
4.	92	00:04:13	00:29:11	275m	15'20"/km
5.	93	00:03:56	00:33:07	135m	29'08"/km
6.	103	00:06:30	00:39:37	284m	22'53"/km
7.	108	00:02:12	00:41:49	132m	16'40"/km
8.	109	00:02:05	00:43:54	187m	11'08"/km
9.	139	00:02:55	00:46:49	189m	15'26"/km
10.	116	00:05:25	00:52:14	403m	13'26"/km
11.	111	00:07:04	00:59:18	319m	22'09"/km
12.	133	00:07:53	01:07:11	354m	22'16"/km
13.	137	00:04:21	01:11:32	144m	30'12"/km
14.	73	00:10:59	01:22:31	708m	15'31"/km
15.	79	00:02:43	01:25:14	155m	17'32"/km
16.	121	00:03:10	01:28:24	198m	16'00"/km
17.	123	00:02:53	01:31:17	130m	22'11"/km
18.	90	00:01:27	01:32:44	135m	10'44"/km
19.	999	00:00:18	01:33:02	71m	4'14"/km

Orienteering Software