



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Rogier VANAKEN

Omega

Omloop : H70

Afstand : 5120m

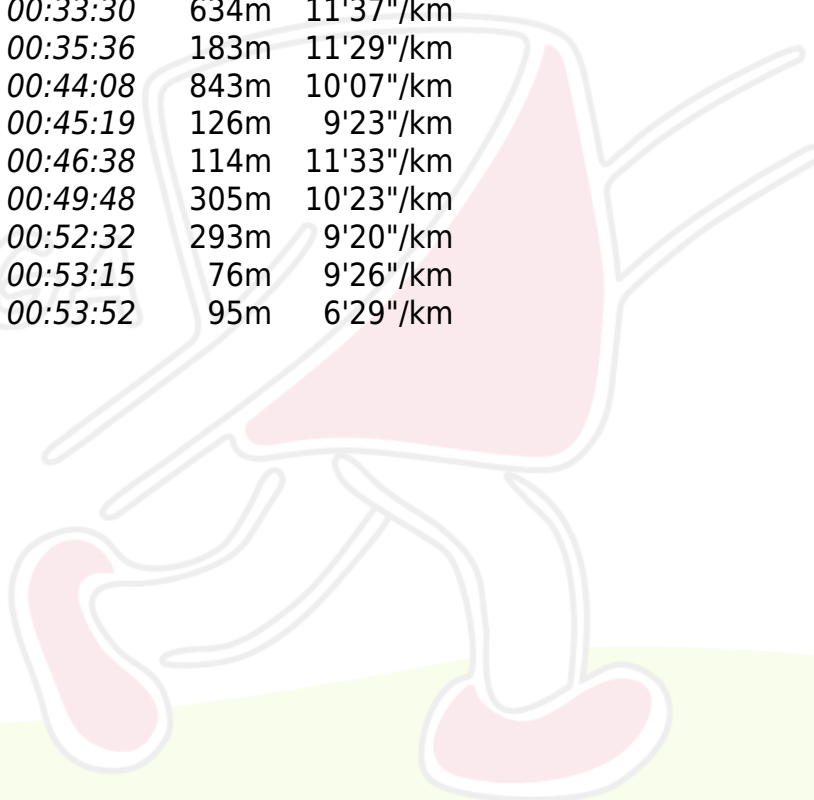
Tijd : 0:53:52 (10'31"/km)

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O.K.

[Volledige uitslagen op Webres](#)

1.	134	00:04:26		375m	11'49"/km
2.	136	00:03:14	00:07:40	365m	8'52"/km
3.	137	00:01:20	00:09:00	106m	12'35"/km
4.	155	00:08:56	00:17:56	768m	11'38"/km
5.	157	00:01:35	00:19:31	147m	10'46"/km
6.	147	00:03:48	00:23:19	357m	10'39"/km
7.	145	00:02:49	00:26:08	192m	14'40"/km
8.	132	00:07:22	00:33:30	634m	11'37"/km
9.	131	00:02:06	00:35:36	183m	11'29"/km
10.	156	00:08:32	00:44:08	843m	10'07"/km
11.	151	00:01:11	00:45:19	126m	9'23"/km
12.	153	00:01:19	00:46:38	114m	11'33"/km
13.	113	00:03:10	00:49:48	305m	10'23"/km
14.	159	00:02:44	00:52:32	293m	9'20"/km
15.	150	00:00:43	00:53:15	76m	9'26"/km
16.	999	00:00:37	00:53:52	95m	6'29"/km



Orienteering Software