



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Patrick WALLAERT

Omega

Omloop : H65

Afstand : 5120m

Tijd : 0:46:57 (9'10"/km)

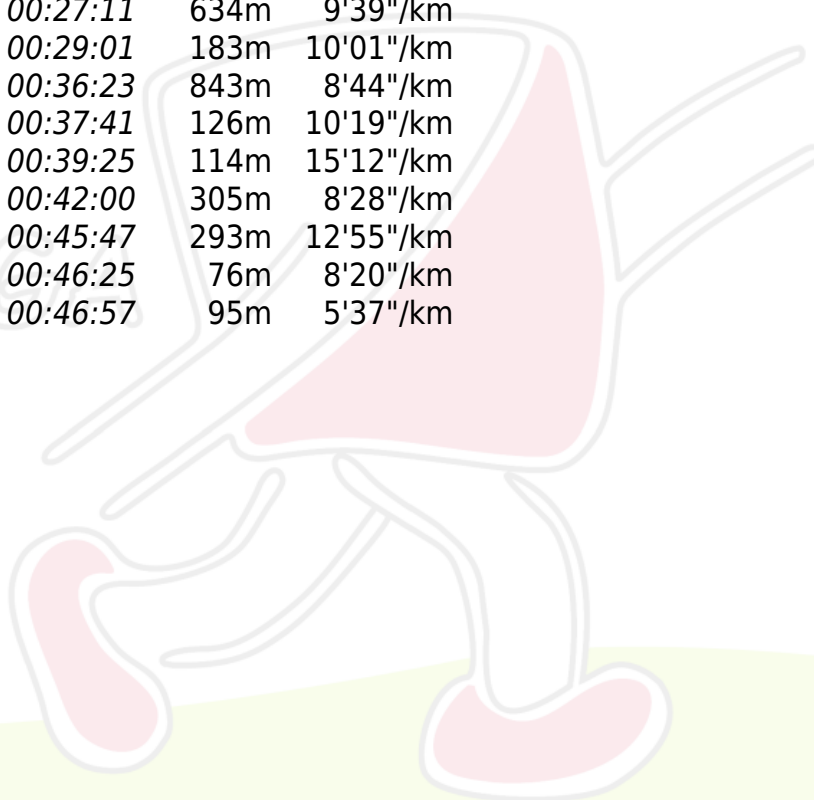
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O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Adrie VAN OPSTAL | 0:45:06 |
| 2. Gerrit VAN DE RIET | 0:49:27 |
| 3. Simon NIJENHUIS | 0:54:49 |

1.	134	00:04:00		375m	10'40"/km
2.	136	00:02:39	00:06:39	365m	7'16"/km
3.	137	00:01:04	00:07:43	106m	10'04"/km
4.	155	00:06:53	00:14:36	768m	8'58"/km
5.	157	00:01:28	00:16:04	147m	9'59"/km
6.	147	00:03:06	00:19:10	357m	8'41"/km
7.	145	00:01:54	00:21:04	192m	9'54"/km
8.	132	00:06:07	00:27:11	634m	9'39"/km
9.	131	00:01:50	00:29:01	183m	10'01"/km
10.	156	00:07:22	00:36:23	843m	8'44"/km
11.	151	00:01:18	00:37:41	126m	10'19"/km
12.	153	00:01:44	00:39:25	114m	15'12"/km
13.	113	00:02:35	00:42:00	305m	8'28"/km
14.	159	00:03:47	00:45:47	293m	12'55"/km
15.	150	00:00:38	00:46:25	76m	8'20"/km
16.	999	00:00:32	00:46:57	95m	5'37"/km



Orienteering Software