



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Marcel KUIPERS

KOVZ

Omloop : H55

Afstand : 7110m

Tijd : 1:48:44 (15'18"/km)

10/16

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Pär HERNFLO | 1:01:12 |
| 2. Pim VAN DER WIJK | 1:02:52 |
| 3. Steven JOCHEMS | 1:10:58 |

1.	135	00:02:56		198m	14'49"/km
2.	133	00:06:55	00:09:51	224m	30'53"/km
3.	136	00:04:08	00:13:59	365m	11'19"/km
4.	114	00:13:58	00:27:57	492m	28'23"/km
5.	148	00:09:01	00:36:58	1193m	7'33"/km
6.	128	00:03:56	00:40:54	319m	12'20"/km
7.	123	00:13:39	00:54:33	248m	55'02"/km
8.	124	00:04:45	00:59:18	327m	14'32"/km
9.	127	00:03:48	01:03:06	228m	16'40"/km
10.	125	00:07:41	01:10:47	135m	56'55"/km
11.	132	00:07:31	01:18:18	727m	10'20"/km
12.	145	00:07:51	01:26:09	634m	12'23"/km
13.	147	00:02:05	01:28:14	192m	10'51"/km
14.	154	00:08:41	01:36:55	592m	14'40"/km
15.	158	00:02:13	01:39:08	199m	11'08"/km
16.	151	00:01:04	01:40:12	77m	13'51"/km
17.	153	00:01:23	01:41:35	114m	12'08"/km
18.	149	00:05:01	01:46:36	512m	9'48"/km
19.	150	00:01:39	01:48:15	98m	16'50"/km
20.	999	00:00:29	01:48:44	95m	5'05"/km

Orienteering Software