



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Michel VAN DONGEN

Olifant

Omloop : H45

Afstand : 8050m

Tijd : 0:59:48 (7'26"/km)

1/9

O.K.

[Volledige uitslagen op Webres](#)

2. Jeroen LIEFRINK

1:04:06

3. Maksim GOLOV

1:22:57

1.	134	00:04:32		375m	12'05"/km
2.	138	00:02:25	00:06:57	434m	5'34"/km
3.	114	00:02:45	00:09:42	435m	6'19"/km
4.	128	00:08:52	00:18:34	1497m	5'55"/km
5.	123	00:01:46	00:20:20	248m	7'07"/km
6.	124	00:03:58	00:24:18	327m	12'08"/km
7.	127	00:01:40	00:25:58	228m	7'19"/km
8.	126	00:01:03	00:27:01	71m	14'47"/km
9.	122	00:03:32	00:30:33	400m	8'50"/km
10.	141	00:03:39	00:34:12	572m	6'23"/km
11.	148	00:06:29	00:40:41	418m	15'31"/km
12.	130	00:03:24	00:44:05	533m	6'23"/km
13.	131	00:01:56	00:46:01	289m	6'41"/km
14.	132	00:01:23	00:47:24	183m	7'34"/km
15.	151	00:05:39	00:53:03	789m	7'10"/km
16.	156	00:00:50	00:53:53	126m	6'37"/km
17.	155	00:01:15	00:55:08	201m	6'13"/km
18.	159	00:03:49	00:58:57	616m	6'12"/km
19.	150	00:00:25	00:59:22	76m	5'29"/km
20.	999	00:00:26	00:59:48	95m	4'34"/km

Orienteering Software