



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Ronald SOMERS

KOVZ

Omloop : H40

Afstand : 8050m

Tijd : 1:09:49 (8'40"/km)

4/9

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Aleksei MOROZOV | 0:49:11 |
| 2. Timo VISSER | 0:54:51 |
| 3. Garnt SWINKELS | 0:55:23 |

1.	134	00:04:22		375m	11'39"/km
2.	138	00:02:49	00:07:11	434m	6'29"/km
3.	114	00:03:01	00:10:12	435m	6'56"/km
4.	128	00:11:00	00:21:12	1497m	7'21"/km
5.	123	00:02:17	00:23:29	248m	9'12"/km
6.	124	00:03:30	00:26:59	327m	10'42"/km
7.	127	00:02:57	00:29:56	228m	12'56"/km
8.	126	00:01:23	00:31:19	71m	19'29"/km
9.	122	00:03:34	00:34:53	400m	8'55"/km
10.	141	00:08:08	00:43:01	572m	14'13"/km
11.	148	00:03:05	00:46:06	418m	7'23"/km
12.	130	00:03:32	00:49:38	533m	6'38"/km
13.	131	00:02:51	00:52:29	289m	9'52"/km
14.	132	00:01:40	00:54:09	183m	9'06"/km
15.	151	00:06:18	01:00:27	789m	7'59"/km
16.	158	00:00:41	01:01:08	77m	8'52"/km
17.	156	00:00:45	01:01:53		
18.	155	00:02:10	01:04:03	201m	10'47"/km
19.	159	00:04:40	01:08:43	616m	7'35"/km
20.	150	00:00:36	01:09:19	76m	7'54"/km
21.	999	00:00:30	01:09:49	95m	5'16"/km

Orienteering Software