



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Leen WOUTERS

Omega

Omloop : D55

Afstand : 5120m

Tijd : 0:58:11 (11'22"/km)

--/11

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|---------|
| 1. Masja VAN DE VEN | 0:58:29 |
| 2. Dunja VAN DE RIET | 1:00:47 |
| 3. Lina JASULAITYTE | 1:09:55 |

1.	134	00:04:44		375m	12'37"/km
2.	136	00:07:58	00:12:42	365m	21'50"/km
3.	137	00:01:23	00:14:05	106m	13'03"/km
4.	155	00:07:29	00:21:34	768m	9'45"/km
5.	157	00:01:35	00:23:09	147m	10'46"/km
6.	147	00:04:07	00:27:16	357m	11'32"/km
7.	145	00:02:44	00:30:00	192m	14'14"/km
8.	132	00:07:14	00:37:14	634m	11'25"/km
9.	131	00:02:20	00:39:34	183m	12'45"/km
10.	156	00:09:06	00:48:40	843m	10'48"/km
11.	151	00:01:12	00:49:52	126m	9'31"/km
12.	153	00:01:16	00:51:08	114m	11'07"/km
13.	113	00:03:11	00:54:19	305m	10'26"/km
14.	149	00:02:01	00:56:20		
15.	159	00:00:29	00:56:49		
16.	150	00:00:42	00:57:31	76m	9'13"/km
17.	999	00:00:40	00:58:11	95m	7'01"/km

Orienteering Software