



Régionale
Camp Elsenborn 9.9.2023
OLV Eifel

Ludwig KAUT

O.L.G. St. Vith ARDOC

Course : H:Rouge Court

Distance : 5110m

Time : 1:04:53 (12'42"/km)

5/13

O.K.

[Full result on Webres](#)

1. Alain GENTEN	0:44:28
2. Didier TERRITO	0:46:54
3. Patrick KORSTJENS	0:50:38

1.	38	00:04:54		136m	36'02"/km
2.	145	00:04:36	00:09:30	485m	9'29"/km
3.	35	00:01:12	00:10:42	80m	15'00"/km
4.	34	00:02:01	00:12:43	184m	10'58"/km
5.	143	00:01:42	00:14:25	127m	13'23"/km
6.	33	00:03:01	00:17:26	142m	21'15"/km
7.	144	00:01:33	00:18:59	115m	13'29"/km
8.	32	00:04:07	00:23:06	336m	12'15"/km
9.	58	00:01:44	00:24:50	137m	12'39"/km
10.	36	00:02:27	00:27:17	238m	10'18"/km
11.	56	00:01:29	00:28:46	141m	10'31"/km
12.	54	00:01:56	00:30:42	144m	13'26"/km
13.	55	00:02:39	00:33:21	204m	12'59"/km
14.	37	00:03:12	00:36:33	227m	14'06"/km
15.	132	00:01:53	00:38:26	210m	8'58"/km
16.	133	00:01:19	00:39:45	108m	12'11"/km
17.	134	00:02:15	00:42:00	107m	21'02"/km
18.	59	00:01:01	00:43:01	97m	10'29"/km
19.	60	00:02:15	00:45:16	182m	12'22"/km
20.	61	00:02:52	00:48:08	197m	14'33"/km
21.	159	00:02:27	00:50:35	166m	14'46"/km
22.	161	00:02:54	00:53:29	194m	14'57"/km
23.	162	00:00:59	00:54:28	58m	16'57"/km
24.	62	00:00:58	00:55:26	105m	9'12"/km
25.	160	00:01:20	00:56:46	106m	12'35"/km
26.	123	00:00:45	00:57:31	64m	11'43"/km
27.	101	00:00:44	00:58:15	42m	17'28"/km
28.	103	00:02:44	01:00:59	320m	8'32"/km
29.	165	00:02:31	01:03:30	254m	9'54"/km
30.	999	00:01:23	01:04:53	146m	9'28"/km