



Régionale
Camp Elsenborn 9.9.2023
OLV Eifel

Luc SANDEVOIR

ThOR

Course : H:Noir Long

Distance : 9460m

Time : 0:57:23 (6'04"/km)

2/16

O.K.

[Full result on Webres](#)

1. Louis HALTZ	0:56:30
3. Gilles DE NEYER	1:07:10

1.	131	00:01:02		250m	4'08"/km
2.	132	00:05:10	00:06:12	1112m	4'39"/km
3.	133	00:00:32	00:06:44	108m	4'56"/km
4.	134	00:00:36	00:07:20	107m	5'36"/km
5.	135	00:00:47	00:08:07	153m	5'07"/km
6.	136	00:00:48	00:08:55	135m	5'56"/km
7.	137	00:04:41	00:13:36	912m	5'08"/km
8.	138	00:02:21	00:15:57	260m	9'02"/km
9.	139	00:01:08	00:17:05	65m	17'26"/km
10.	140	00:00:32	00:17:37	82m	6'30"/km
11.	141	00:01:23	00:19:00	184m	7'31"/km
12.	164	00:01:09	00:20:09	133m	8'39"/km
13.	142	00:01:41	00:21:50	146m	11'32"/km
14.	143	00:01:47	00:23:37	293m	6'05"/km
15.	144	00:01:27	00:25:04	235m	6'10"/km
16.	145	00:00:52	00:25:56	147m	5'54"/km
17.	146	00:01:15	00:27:11	262m	4'46"/km
18.	147	00:00:42	00:27:53	124m	5'39"/km
19.	148	00:01:11	00:29:04	216m	5'29"/km
20.	149	00:01:36	00:30:40	283m	5'39"/km
21.	150	00:03:37	00:34:17	717m	5'03"/km
22.	151	00:04:19	00:38:36	262m	16'29"/km
23.	152	00:00:48	00:39:24	106m	7'33"/km
24.	153	00:01:33	00:40:57	309m	5'01"/km
25.	154	00:01:00	00:41:57	195m	5'08"/km
26.	155	00:05:23	00:47:20	992m	5'26"/km
27.	156	00:00:39	00:47:59	85m	7'39"/km
28.	157	00:00:58	00:48:57	82m	11'47"/km
29.	158	00:01:51	00:50:48	272m	6'48"/km
30.	159	00:00:33	00:51:21	101m	5'27"/km
31.	160	00:02:09	00:53:30	319m	6'44"/km
32.	123	00:00:22	00:53:52	64m	5'44"/km
33.	101	00:00:21	00:54:13	42m	8'20"/km
34.	97	00:01:12	00:55:25	270m	4'27"/km
35.	165	00:01:19	00:56:44	290m	4'32"/km
36.	999	00:00:39	00:57:23	146m	4'27"/km