



Régionale
Camp Elsenborn 9.9.2023
OLV Eifel

Louis HALTZ

Tous Azimuts Douai

Course : H:Noir Long

Distance : 9460m

Time : 0:56:30 (5'58"/km)

1/16

O.K.

[Full result on Webres](#)

2. Luc SANDEVOIR

0:57:23

3. Gilles DE NEYER

1:07:10

1.	131	00:01:02		250m	4'08"/km
2.	132	00:05:34	00:06:36	1112m	5'00"/km
3.	133	00:00:32	00:07:08	108m	4'56"/km
4.	134	00:00:50	00:07:58	107m	7'47"/km
5.	135	00:00:45	00:08:43	153m	4'54"/km
6.	136	00:00:47	00:09:30	135m	5'48"/km
7.	137	00:04:48	00:14:18	912m	5'16"/km
8.	138	00:02:01	00:16:19	260m	7'45"/km
9.	139	00:00:50	00:17:09	65m	12'49"/km
10.	140	00:00:42	00:17:51	82m	8'32"/km
11.	141	00:01:37	00:19:28	184m	8'47"/km
12.	164	00:00:59	00:20:27	133m	7'24"/km
13.	142	00:01:41	00:22:08	146m	11'32"/km
14.	143	00:01:55	00:24:03	293m	6'32"/km
15.	144	00:01:32	00:25:35	235m	6'31"/km
16.	145	00:00:58	00:26:33	147m	6'35"/km
17.	146	00:01:26	00:27:59	262m	5'28"/km
18.	147	00:00:42	00:28:41	124m	5'39"/km
19.	148	00:01:10	00:29:51	216m	5'24"/km
20.	149	00:01:43	00:31:34	283m	6'04"/km
21.	150	00:04:34	00:36:08	717m	6'22"/km
22.	151	00:01:56	00:38:04	262m	7'23"/km
23.	152	00:00:55	00:38:59	106m	8'39"/km
24.	153	00:01:39	00:40:38	309m	5'20"/km
25.	154	00:01:00	00:41:38	195m	5'08"/km
26.	155	00:05:18	00:46:56	992m	5'21"/km
27.	156	00:00:44	00:47:40	85m	8'38"/km
28.	157	00:00:54	00:48:34	82m	10'59"/km
29.	158	00:01:42	00:50:16	272m	6'15"/km
30.	159	00:00:36	00:50:52	101m	5'56"/km
31.	160	00:01:36	00:52:28	319m	5'01"/km
32.	123	00:00:25	00:52:53	64m	6'31"/km
33.	101	00:00:22	00:53:15	42m	8'44"/km
34.	97	00:01:16	00:54:31	270m	4'41"/km
35.	165	00:01:24	00:55:55	290m	4'50"/km
36.	999	00:00:35	00:56:30	146m	4'00"/km