



# III ETAPA DO XI CIRCUITO POTIGUAR DE ORIENTAÇÃO

Natal 10.9.2023

Clube de Orientação de Natal

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AUTO ESPORTE

Percurso : H MASTER A

Distancia : 3900m (Desnivel 35m)

Tempo : 1:30:18 (23'09"/km)

**10/14**

O.K.

[Resultados completos em Webres](#)

1. Rafael De Oliveira Gomes 0:56:25
2. João Pedro Mazzaro De Miranda Henriques 1:01:52
3. Ailton Valau Pereira 1:05:27

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 108 | 00:03:38 |          | 279m | 13'01"/km |
| 2.  | 106 | 00:10:32 | 00:14:10 | 440m | 23'56"/km |
| 3.  | 107 | 00:10:34 | 00:24:44 | 558m | 18'56"/km |
| 4.  | 125 | 00:19:13 | 00:43:57 | 286m | 67'11"/km |
| 5.  | 85  | 00:06:09 | 00:50:06 | 245m | 25'06"/km |
| 6.  | 118 | 00:18:32 | 01:08:38 | 241m | 76'54"/km |
| 7.  | 97  | 00:06:32 | 01:15:10 | 228m | 28'39"/km |
| 8.  | 94  | 00:05:23 | 01:20:33 | 429m | 12'33"/km |
| 9.  | 95  | 00:04:42 | 01:25:15 | 371m | 12'40"/km |
| 10. | 115 | 00:02:28 | 01:27:43 | 251m | 9'50"/km  |
| 11. | 113 | 00:01:18 | 01:29:01 | 228m | 5'42"/km  |
| 12. | 112 | 00:00:53 | 01:29:54 | 152m | 5'49"/km  |
| 13. | 999 | 00:00:24 | 01:30:18 | 111m | 3'36"/km  |

HELGA

Orienteering Software