



LV NAVAMAER 2023 - Percurso Longo

Resende - RJ 30.8.2023

AMAN

Pontes

FAB

Percurso : FEM

Distancia : 5600m (Desnivel 220m)

Tempo : 1:25:29 (15'16"/km)

7/15

O.K.

[Resultados completos em Webres](#)

1. Schneider	0:59:48
2. Talita Magalhães	1:04:34
3. Rafaela Petersen	1:07:41

1.	34	00:08:25		471m	17'52"/km
2.	48	00:13:47	00:22:12	1027m	13'25"/km
3.	46	00:05:16	00:27:28	421m	12'31"/km
4.	45	00:01:26	00:28:54	140m	10'14"/km
5.	44	00:02:30	00:31:24	102m	24'31"/km
6.	40	00:04:35	00:35:59	549m	8'21"/km
7.	53	00:05:36	00:41:35	483m	11'36"/km
8.	54	00:01:57	00:43:32	143m	13'38"/km
9.	55	00:05:05	00:48:37	279m	18'13"/km
10.	57	00:02:22	00:50:59	210m	11'16"/km
11.	67	00:12:25	01:03:24	277m	44'50"/km
12.	65	00:06:12	01:09:36	187m	33'09"/km
13.	64	00:02:12	01:11:48	167m	13'10"/km
14.	59	00:03:58	01:15:46	344m	11'32"/km
15.	60	00:04:13	01:19:59	174m	24'14"/km
16.	62	00:03:37	01:23:36	207m	17'28"/km
17.	90	00:01:40	01:25:16	145m	11'30"/km
18.	999	00:00:13	01:25:29	111m	1'57"/km

Orienteering Software