

Middle Speciale - Speciale Middle

Virton - Rabais 26.8.2023

SUD O LUX

Nicolas SPILIERS

Antwerp Orienteers

Circuit : H:Parcours 1

Distance : 5710m (Dénivelé 190m)

Temps : 0:56:19 (9'52"/km)

8/22

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------|---------|
| 1. Gilles DE NEYER | 0:39:11 |
| 2. Tom BRAY | 0:41:34 |
| 3. Michel BASTIN | 0:42:09 |

1.	166	00:02:31		175m	14'23"/km
2.	167	00:02:50	00:05:21	279m	10'09"/km
3.	168	00:02:14	00:07:35	196m	11'24"/km
4.	237	00:01:19	00:08:54	125m	10'32"/km
5.	240	00:05:58	00:14:52	665m	8'58"/km
6.	173	00:08:01	00:22:53	847m	9'28"/km
7.	174	00:01:51	00:24:44	227m	8'09"/km
8.	175	00:01:57	00:26:41	205m	9'31"/km
9.	187	00:06:04	00:32:45	589m	10'18"/km
10.	176	00:00:58	00:33:43	85m	11'22"/km
11.	177	00:04:52	00:38:35	147m	33'06"/km
12.	181	00:04:02	00:42:37	576m	7'00"/km
13.	180	00:02:01	00:44:38	168m	12'00"/km
14.	179	00:01:02	00:45:40	66m	15'39"/km
15.	194	00:02:30	00:48:10	226m	11'04"/km
16.	196	00:04:23	00:52:33	483m	9'05"/km
17.	183	00:02:26	00:54:59	314m	7'45"/km
18.	255	00:00:38	00:55:37	121m	5'14"/km
19.	999	00:00:42	00:56:19	102m	6'52"/km

Orienteering Software