



ASOM 2023 - WRE & City Race

Ghent 20.8.2023

ASOM

Helen CHISWELL

DVO

Course : W VET

Distance : 7690m

Time : 0:58:10 (7'34"/km)

12/41

O.K.

[Full result on Webres](#)

1. Greet OEYEN	0:43:06
2. Aline HERMANS	0:44:51
3. Greet PERSOON	0:44:53

1.	62	00:02:56		238m	12'19"/km
2.	41	00:01:42	00:04:38	152m	11'11"/km
3.	68	00:01:02	00:05:40	69m	14'59"/km
4.	87	00:05:10	00:10:50	310m	16'40"/km
5.	88	00:01:04	00:11:54	84m	12'42"/km
6.	93	00:01:30	00:13:24	171m	8'46"/km
7.	35	00:05:42	00:19:06	522m	10'55"/km
8.	81	00:02:17	00:21:23	101m	22'36"/km
9.	113	00:01:17	00:22:40	88m	14'35"/km
10.	66	00:00:58	00:23:38	148m	6'32"/km
11.	99	00:01:36	00:25:14	194m	8'15"/km
12.	106	00:01:34	00:26:48	54m	29'01"/km
13.	107	00:01:10	00:27:58	137m	8'31"/km
14.	84	00:05:17	00:33:15	537m	9'50"/km
15.	49	00:01:13	00:34:28	142m	8'34"/km
16.	56	00:00:18	00:34:46	39m	7'42"/km
17.	100	00:00:27	00:35:13	55m	8'11"/km
18.	101	00:02:28	00:37:41	271m	9'06"/km
19.	32	00:02:49	00:40:30	301m	9'21"/km
20.	57	00:01:49	00:42:19	196m	9'16"/km
21.	67	00:00:57	00:43:16	91m	10'26"/km
22.	80	00:00:45	00:44:01	69m	10'52"/km
23.	37	00:00:53	00:44:54	98m	9'01"/km
24.	109	00:01:22	00:46:16	143m	9'33"/km
25.	112	00:02:15	00:48:31	153m	14'42"/km
26.	102	00:04:20	00:52:51	481m	9'01"/km
27.	76	00:00:54	00:53:45	89m	10'07"/km
28.	78	00:01:42	00:55:27	172m	9'53"/km
29.	114	00:01:42	00:57:09	194m	8'46"/km
30.	43	00:00:37	00:57:46	87m	7'05"/km
31.	999	00:00:24	00:58:10	73m	5'29"/km