



ASOM 2023 - WRE & City Race

Ghent 20.8.2023

ASOM

Patrick HOCK

O.L.G. St. Vith ARDOC

Course : M VET

Distance : 9400m

Time : 0:59:38 (6'21"/km)

16/44

O.K.

[Full result on Webres](#)

1. Kim JANSEN	0:44:04
2. Guido LENGES	0:45:37
2. Frederik LOECKX	0:45:37

1.	57	00:03:32	428m	8'15"/km
2.	67	00:00:50 00:04:22	91m	9'09"/km
3.	35	00:01:33 00:05:55	238m	6'31"/km
4.	81	00:01:48 00:07:43	101m	17'49"/km
5.	54	00:01:29 00:09:12	48m	30'54"/km
6.	66	00:01:21 00:10:33	167m	8'05"/km
7.	65	00:00:59 00:11:32	123m	8'00"/km
8.	106	00:01:30 00:13:02	125m	12'00"/km
9.	82	00:02:23 00:15:25	333m	7'09"/km
10.	64	00:01:56 00:17:21	146m	13'15"/km
11.	84	00:01:35 00:18:56	208m	7'37"/km
12.	83	00:01:19 00:20:15	198m	6'39"/km
13.	85	00:00:35 00:20:50	83m	7'02"/km
14.	73	00:03:17 00:24:07	477m	6'53"/km
15.	39	00:02:44 00:26:51	258m	10'36"/km
16.	51	00:03:04 00:29:55	464m	6'37"/km
17.	68	00:01:55 00:31:50	220m	8'43"/km
18.	86	00:01:59 00:33:49	214m	9'16"/km
19.	87	00:02:47 00:36:36	126m	22'05"/km
20.	88	00:00:58 00:37:34	84m	11'30"/km
21.	89	00:04:18 00:41:52	568m	7'34"/km
22.	58	00:03:02 00:44:54	390m	7'47"/km
23.	52	00:02:12 00:47:06	228m	9'39"/km
24.	59	00:02:14 00:49:20	285m	7'50"/km
25.	72	00:04:28 00:53:48	521m	8'34"/km
26.	69	00:01:30 00:55:18	150m	10'00"/km
27.	71	00:00:43 00:56:01	74m	9'41"/km
28.	91	00:02:46 00:58:47	322m	8'36"/km
29.	43	00:00:33 00:59:20	104m	5'17"/km
30.	999	00:00:18 00:59:38	73m	4'07"/km