



ASOM 2023 - WRE & City Race

Ghent 20.8.2023

ASOM

Frederik LOECKX

Omega

Course : M VET

Distance : 9400m

Time : 0:45:37 (4'51"/km)

2/44

O.K.

[Full result on Webres](#)

1. Kim JANSEN

0:44:04

2. Guido LENGES

0:45:37

1.	57	00:02:27		428m	5'43"/km
2.	67	00:00:34	00:03:01	91m	6'14"/km
3.	35	00:01:12	00:04:13	238m	5'03"/km
4.	81	00:01:21	00:05:34	101m	13'22"/km
5.	54	00:01:04	00:06:38	48m	22'13"/km
6.	66	00:00:46	00:07:24	167m	4'35"/km
7.	65	00:00:48	00:08:12	123m	6'30"/km
8.	106	00:01:14	00:09:26	125m	9'52"/km
9.	82	00:01:47	00:11:13	333m	5'21"/km
10.	64	00:01:30	00:12:43	146m	10'16"/km
11.	84	00:01:13	00:13:56	208m	5'51"/km
12.	83	00:00:59	00:14:55	198m	4'58"/km
13.	85	00:00:24	00:15:19	83m	4'49"/km
14.	73	00:02:18	00:17:37	477m	4'49"/km
15.	39	00:02:43	00:20:20	258m	10'32"/km
16.	51	00:02:23	00:22:43	464m	5'08"/km
17.	68	00:01:40	00:24:23	220m	7'35"/km
18.	86	00:01:36	00:25:59	214m	7'29"/km
19.	87	00:02:20	00:28:19	126m	18'31"/km
20.	88	00:00:57	00:29:16	84m	11'19"/km
21.	89	00:03:01	00:32:17	568m	5'19"/km
22.	58	00:02:13	00:34:30	390m	5'41"/km
23.	52	00:01:38	00:36:08	228m	7'10"/km
24.	59	00:01:44	00:37:52	285m	6'05"/km
25.	72	00:03:17	00:41:09	521m	6'18"/km
26.	69	00:01:07	00:42:16	150m	7'27"/km
27.	71	00:00:34	00:42:50	74m	7'39"/km
28.	91	00:02:13	00:45:03	322m	6'53"/km
29.	43	00:00:23	00:45:26	104m	3'41"/km
30.	999	00:00:11	00:45:37	73m	2'31"/km