



ASOM 2023 - Sprint 1

Ghent 19.8.2023

ASOM

Lindsey KNOX

RR Scotland (UK)

Course : W SUPERVET

Distance : 2800m

Time : 0:20:17 (7'15"/km)

12/38

O.K.

[Full result on Webres](#)

1. Melanie SLADE	0:16:32
2. Marie-Violaine PALCAU	0:16:53
3. Karen FRENCH	0:17:12

1.	32	00:02:24		173m	13'52"/km
2.	94	00:01:08	00:03:32	49m	23'08"/km
3.	47	00:00:22	00:03:54	54m	6'47"/km
4.	79	00:00:58	00:04:52	139m	6'57"/km
5.	34	00:00:23	00:05:15	51m	7'31"/km
6.	81	00:00:23	00:05:38	61m	6'17"/km
7.	104	00:00:25	00:06:03	64m	6'31"/km
8.	36	00:01:30	00:07:33	190m	7'54"/km
9.	37	00:00:37	00:08:10	81m	7'37"/km
10.	38	00:00:54	00:09:04	134m	6'43"/km
11.	151	00:01:21	00:10:25	160m	8'26"/km
12.	44	00:01:25	00:11:50	86m	16'28"/km
13.	98	00:01:42	00:13:32	159m	10'42"/km
14.	86	00:01:05	00:14:37	123m	8'48"/km
15.	42	00:01:45	00:16:22	194m	9'01"/km
16.	66	00:00:18	00:16:40	41m	7'19"/km
17.	152	00:01:58	00:18:38	166m	11'51"/km
18.	60	00:00:21	00:18:59	47m	7'27"/km
19.	45	00:01:01	00:20:00	72m	14'07"/km
20.	999	00:00:17	00:20:17	74m	3'50"/km

Orienteering Software