



4 days of Limburg - Day 4

Zandberg 15.8.2023

Omega

Tim SANDS

BOK Wanderers

Omloop : M70

Afstand : 4190m

Tijd : 1:09:07 (16'30"/km)

3/23

O.K.

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- | | |
|-------------------|---------|
| 1. Nikolaus RISCH | 1:03:10 |
| 2. Alfred SIMKENS | 1:06:54 |

1.	170	00:05:46		289m	19'57"/km
2.	172	00:04:05	00:09:51	239m	17'05"/km
3.	133	00:07:08	00:16:59	538m	13'16"/km
4.	173	00:02:11	00:19:10	141m	15'29"/km
5.	175	00:05:02	00:24:12	170m	29'36"/km
6.	176	00:07:01	00:31:13	410m	17'07"/km
7.	135	00:04:27	00:35:40	334m	13'19"/km
8.	165	00:08:18	00:43:58	417m	19'54"/km
9.	156	00:04:44	00:48:42	194m	24'24"/km
10.	132	00:01:46	00:50:28	84m	21'02"/km
11.	178	00:03:54	00:54:22	134m	29'06"/km
12.	137	00:02:59	00:57:21	229m	13'02"/km
13.	171	00:04:27	01:01:48	340m	13'05"/km
14.	139	00:04:31	01:06:19	211m	21'24"/km
15.	100	00:02:05	01:08:24	263m	7'55"/km
16.	999	00:00:43	01:09:07	159m	4'30"/km

Orienteering Software