



## 4 days of Limburg - Day 2

Galgenberg 13.8.2023

Omega

**Martyn ROOME**

South Ribble Orienteering Club

Omloop : M70

Afstand : 3940m

Tijd : 0:48:37 (12'20"/km)

4/23

O.K.

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|                   |         |
|-------------------|---------|
| 1. Alfred SIMKENS | 0:44:43 |
| 2. Nikolaus RISCH | 0:44:54 |
| 3. Tim SANDS      | 0:46:00 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 117 | 00:02:10 |          | 160m | 13'32"/km |
| 2.  | 120 | 00:02:40 | 00:04:50 | 232m | 11'30"/km |
| 3.  | 125 | 00:02:46 | 00:07:36 | 142m | 19'29"/km |
| 4.  | 129 | 00:02:50 | 00:10:26 | 227m | 12'29"/km |
| 5.  | 133 | 00:04:06 | 00:14:32 | 367m | 11'10"/km |
| 6.  | 136 | 00:04:49 | 00:19:21 | 262m | 18'23"/km |
| 7.  | 139 | 00:04:21 | 00:23:42 | 261m | 16'40"/km |
| 8.  | 169 | 00:03:01 | 00:26:43 | 233m | 12'57"/km |
| 9.  | 170 | 00:02:06 | 00:28:49 | 185m | 11'21"/km |
| 10. | 175 | 00:04:12 | 00:33:01 | 384m | 10'56"/km |
| 11. | 178 | 00:03:20 | 00:36:21 | 247m | 13'30"/km |
| 12. | 182 | 00:03:35 | 00:39:56 | 375m | 9'33"/km  |
| 13. | 184 | 00:02:12 | 00:42:08 | 153m | 14'23"/km |
| 14. | 186 | 00:01:51 | 00:43:59 | 176m | 10'31"/km |
| 15. | 115 | 00:02:59 | 00:46:58 | 254m | 11'45"/km |
| 16. | 111 | 00:01:02 | 00:48:00 | 112m | 9'14"/km  |
| 17. | 999 | 00:00:37 | 00:48:37 | 115m | 5'22"/km  |

Orienteering Software