



## 4 days of Limburg - Day 2

Galgenberg 13.8.2023

Omega

### Steffen LANGE

DJK Adler 07 Bottrop

Omloop : M60

Afstand : 5450m

Tijd : 0:54:52 (10'04"/km)

6/19

O.K.

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|                        |         |
|------------------------|---------|
| 1. Marc MEEUWSEN       | 0:43:33 |
| 2. Luc MELIS           | 0:46:45 |
| 3. Jean-Noël DEBEHOGNE | 0:48:12 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 121 | 00:06:49 |          | 387m | 17'37"/km |
| 2.  | 178 | 00:05:33 | 00:12:22 | 549m | 10'07"/km |
| 3.  | 177 | 00:02:11 | 00:14:33 | 176m | 12'24"/km |
| 4.  | 187 | 00:02:56 | 00:17:29 | 304m | 9'39"/km  |
| 5.  | 137 | 00:03:19 | 00:20:48 | 333m | 9'58"/km  |
| 6.  | 134 | 00:01:11 | 00:21:59 | 113m | 10'28"/km |
| 7.  | 135 | 00:00:53 | 00:22:52 | 64m  | 13'48"/km |
| 8.  | 139 | 00:03:49 | 00:26:41 | 399m | 9'34"/km  |
| 9.  | 146 | 00:04:59 | 00:31:40 | 434m | 11'29"/km |
| 10. | 144 | 00:01:02 | 00:32:42 | 115m | 8'59"/km  |
| 11. | 142 | 00:01:04 | 00:33:46 | 138m | 7'44"/km  |
| 12. | 168 | 00:02:48 | 00:36:34 | 271m | 10'20"/km |
| 13. | 170 | 00:02:41 | 00:39:15 | 219m | 12'15"/km |
| 14. | 172 | 00:01:18 | 00:40:33 | 160m | 8'08"/km  |
| 15. | 173 | 00:02:15 | 00:42:48 | 241m | 9'20"/km  |
| 16. | 130 | 00:01:55 | 00:44:43 | 233m | 8'14"/km  |
| 17. | 181 | 00:03:19 | 00:48:02 | 409m | 8'07"/km  |
| 18. | 182 | 00:00:58 | 00:49:00 | 103m | 9'23"/km  |
| 19. | 115 | 00:03:11 | 00:52:11 | 425m | 7'29"/km  |
| 20. | 189 | 00:01:08 | 00:53:19 | 133m | 8'31"/km  |
| 21. | 111 | 00:00:50 | 00:54:09 | 73m  | 11'25"/km |
| 22. | 999 | 00:00:43 | 00:54:52 | 115m | 6'14"/km  |

Orienteering Software