



## 4 days of Limburg - Day 2

Galgenberg 13.8.2023

Omega

**Ellen HOUBEN**

hamok

Omloop : W35

Afstand : 6570m

Tijd : 1:17:38 (11'49"/km)

3/7

O.K.

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- |                       |         |
|-----------------------|---------|
| 1. Annelies VERMONDEN | 1:16:34 |
| 2. Angela TIELEMANS   | 1:16:50 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 123 | 00:03:34 |          | 325m | 10'58"/km |
| 2.  | 120 | 00:01:55 | 00:05:29 | 140m | 13'41"/km |
| 3.  | 132 | 00:03:43 | 00:09:12 | 374m | 9'56"/km  |
| 4.  | 136 | 00:10:26 | 00:19:38 | 374m | 27'54"/km |
| 5.  | 139 | 00:02:47 | 00:22:25 | 261m | 10'40"/km |
| 6.  | 142 | 00:03:48 | 00:26:13 | 338m | 11'15"/km |
| 7.  | 146 | 00:02:09 | 00:28:22 | 211m | 10'11"/km |
| 8.  | 148 | 00:04:20 | 00:32:42 | 485m | 8'56"/km  |
| 9.  | 150 | 00:02:36 | 00:35:18 | 241m | 10'47"/km |
| 10. | 156 | 00:03:51 | 00:39:09 | 298m | 12'55"/km |
| 11. | 154 | 00:02:52 | 00:42:01 | 246m | 11'39"/km |
| 12. | 152 | 00:02:27 | 00:44:28 | 148m | 16'33"/km |
| 13. | 188 | 00:03:25 | 00:47:53 | 291m | 11'44"/km |
| 14. | 144 | 00:06:41 | 00:54:34 | 572m | 11'41"/km |
| 15. | 168 | 00:02:55 | 00:57:29 | 270m | 10'48"/km |
| 16. | 173 | 00:06:51 | 01:04:20 | 508m | 13'29"/km |
| 17. | 129 | 00:03:04 | 01:07:24 | 336m | 9'08"/km  |
| 18. | 182 | 00:02:48 | 01:10:12 | 297m | 9'26"/km  |
| 19. | 186 | 00:03:25 | 01:13:37 | 327m | 10'27"/km |
| 20. | 115 | 00:02:27 | 01:16:04 | 254m | 9'39"/km  |
| 21. | 111 | 00:00:58 | 01:17:02 | 112m | 8'38"/km  |
| 22. | 999 | 00:00:36 | 01:17:38 | 115m | 5'13"/km  |

Orienteering Software