



4 days of Limburg - Day 1

Brouwhuisseheide 12.8.2023

Omega

Ronald SOMERS

K.O.L.

Omloop : M40

Afstand : 8090m

Tijd : 1:05:20 (8'05"/km)

4/11

O.K.

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- | | |
|----------------------|---------|
| 1. Frederik LOECKX | 1:03:03 |
| 2. Michel VAN DONGEN | 1:03:19 |
| 3. Holger KOHR | 1:03:46 |

1.	33	00:09:04		364m	24'55"/km
2.	45	00:02:15	00:11:19	303m	7'26"/km
3.	43	00:00:58	00:12:17	133m	7'16"/km
4.	61	00:03:27	00:15:44	481m	7'10"/km
5.	85	00:09:22	00:25:06	1336m	7'01"/km
6.	87	00:02:38	00:27:44	237m	11'07"/km
7.	83	00:01:43	00:29:27	173m	9'55"/km
8.	95	00:11:11	00:40:38	1417m	7'54"/km
9.	98	00:04:08	00:44:46	588m	7'02"/km
10.	99	00:01:15	00:46:01	91m	13'44"/km
11.	61	00:05:05	00:51:06	465m	10'56"/km
12.	71	00:02:41	00:53:47	253m	10'36"/km
13.	78	00:02:12	00:55:59	253m	8'42"/km
14.	40	00:04:01	01:00:00	492m	8'10"/km
15.	35	00:02:08	01:02:08	239m	8'56"/km
16.	56	00:04:46	01:06:54	633m	7'32"/km
17.	54	00:02:20	01:09:14	262m	8'54"/km
18.	51	00:01:47	01:11:01	176m	10'08"/km
19.	999	00:00:19	01:11:20	98m	3'14"/km

Orienteering Software