



VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

Fazenda Chopim I - Palmas/PR 29.7.2023

Cobra Clube de Orientação

Jorge Luis Madureira Barreto

Clube de Orientação de Miguel Pereira e
Arredores Sobre a Serra

Percurso : H55A

Distancia : 5800m (Desnivel 210m)

Tempo : 1:11:54 (12'24"/km) [Pontos : 32]

5/20

O.K.

[Resultados completos em Webres](#)

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|---------------------------|--------------|
| 1. José Carlos Pascotini | 0:57:54 [40] |
| 2. José Antonio Fernandes | 1:08:21 [37] |
| 3. José Braite | 1:10:57 [35] |

1.	320	00:08:02		863m	9'19"/km
2.	332	00:04:07	00:12:09	187m	22'01"/km
3.	334	00:01:39	00:13:48	172m	9'36"/km
4.	308	00:03:18	00:17:06	224m	14'44"/km
5.	336	00:04:21	00:21:27	438m	9'56"/km
6.	327	00:01:49	00:23:16	202m	9'00"/km
7.	319	00:05:09	00:28:25	329m	15'39"/km
8.	318	00:01:57	00:30:22	93m	20'58"/km
9.	339	00:06:12	00:36:34	671m	9'14"/km
10.	345	00:01:55	00:38:29	203m	9'27"/km
11.	337	00:02:21	00:40:50	167m	14'04"/km
12.	330	00:03:57	00:44:47	455m	8'41"/km
13.	303	00:01:48	00:46:35		
14.	328	00:01:00	00:47:35	80m	12'30"/km
15.	303	00:00:40	00:48:15	80m	8'20"/km
16.	335	00:04:33	00:52:48	338m	13'28"/km
17.	323	00:00:46	00:53:34	77m	9'57"/km
18.	338	00:14:19	01:07:53	376m	38'05"/km
19.	322	00:02:15	01:10:08	289m	7'47"/km
20.	31	00:01:20	01:11:28	211m	6'19"/km
21.	999	00:00:26	01:11:54	77m	5'38"/km

Orienteering Software