



VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

Fazenda Chopim I - Palmas/PR 29.7.2023

Cobra Clube de Orientação

Luiz Fabiano Effgen

Clube de Orientação Gralha Azul

Percurso : H45A

Distancia : 7000m (Desnivel 270m)

Tempo : 1:24:20 (12'03"/km) [Pontos : 32]

5/10

O.K.

[Resultados completos em Webres](#)

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|----------------------------------|--------------|
| 1. Anacleto Schmitt | 1:09:49 [40] |
| 2. Gilson Schropfer | 1:09:54 [37] |
| 3. Antonio Augusto Da Rocha Neto | 1:19:50 [35] |

1.	330	00:12:11		1084m	11'14"/km
2.	328	00:01:34	00:13:45	171m	9'10"/km
3.	303	00:00:50	00:14:35	80m	10'25"/km
4.	302	00:02:25	00:17:00	228m	10'36"/km
5.	339	00:05:20	00:22:20	431m	12'22"/km
6.	345	00:02:38	00:24:58	203m	12'58"/km
7.	337	00:02:05	00:27:03	167m	12'29"/km
8.	301	00:05:33	00:32:36	497m	11'10"/km
9.	333	00:07:19	00:39:55	335m	21'50"/km
10.	320	00:01:57	00:41:52	188m	10'22"/km
11.	319	00:05:03	00:46:55	316m	15'59"/km
12.	317	00:02:38	00:49:33	148m	17'48"/km
13.	308	00:05:51	00:55:24	369m	15'51"/km
14.	334	00:04:09	00:59:33	224m	18'32"/km
15.	332	00:01:34	01:01:07	172m	9'07"/km
16.	321	00:03:18	01:04:25	353m	9'21"/km
17.	353	00:01:42	01:06:07	142m	11'58"/km
18.	354	00:02:48	01:08:55	370m	7'34"/km
19.	351	00:04:09	01:13:04	349m	11'53"/km
20.	325	00:05:36	01:18:40	265m	21'08"/km
21.	326	00:02:23	01:21:03	134m	17'47"/km
22.	313	00:02:02	01:23:05	290m	7'01"/km
23.	31	00:00:50	01:23:55	217m	3'50"/km
24.	999	00:00:25	01:24:20	77m	5'25"/km

Orienteering Software