



VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

Fazenda Chopim I - Palmas/PR 29.7.2023

Cobra Clube de Orientação

Flávio Dos Santos Raupp

Clube da Associação dos Sub Ten Sgt Ex
Brasília

Percurso : H21A

Distancia : 8500m (Desnivel 320m)

Tempo : 2:14:01 (15'46"/km) [Pontos : 31]

6/12

O.K.

[Resultados completos em Webres](#)

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| 1. Irineu Junior Lizzi | 1:44:29 [40] |
| 2. Rafael Jacques Bossi | 1:45:29 [37] |
| 3. Stive Anderson Soares Pereira | 1:55:19 [35] |

1.	307	00:24:22		1845m	13'12"/km
2.	305	00:06:19	00:30:41	210m	30'05"/km
3.	304	00:12:06	00:42:47	360m	33'37"/km
4.	345	00:04:34	00:47:21	323m	14'08"/km
5.	339	00:01:48	00:49:09	203m	8'52"/km
6.	328	00:05:53	00:55:02	426m	13'49"/km
7.	302	00:01:59	00:57:01	181m	10'57"/km
8.	343	00:02:26	00:59:27	172m	14'09"/km
9.	304	00:11:36	01:11:03	316m	36'43"/km
10.	317	00:12:13	01:23:16	931m	13'07"/km
11.	318	00:02:44	01:26:00	162m	16'52"/km
12.	319	00:01:10	01:27:10	93m	12'33"/km
13.	327	00:05:32	01:32:42	329m	16'49"/km
14.	301	00:01:39	01:34:21	111m	14'52"/km
15.	308	00:07:01	01:41:22	476m	14'44"/km
16.	320	00:02:57	01:44:19	114m	25'53"/km
17.	351	00:03:38	01:47:57	271m	13'24"/km
18.	354	00:09:17	01:57:14	349m	26'36"/km
19.	350	00:02:12	01:59:26	157m	14'01"/km
20.	332	00:03:02	02:02:28	246m	12'20"/km
21.	326	00:08:11	02:10:39	632m	12'57"/km
22.	31	00:02:50	02:13:29	378m	7'30"/km
23.	999	00:00:32	02:14:01	77m	6'56"/km

Orienteering Software