



VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

Fazenda Chopim I - Palmas/PR 29.7.2023

Cobra Clube de Orientação

Ricardo Anhaia Ribeiro

Clube de Orientação de Curitiba

Percurso : H21E

Distancia : 11000m (Desnivel 420m)

Tempo : 1:57:23 (10'40"/km) [Pontos : 14]

23/34

O.K.

[Resultados completos em Webres](#)

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|---------------------------|--------------|
| 1. Fábio Kuczkoski | 1:10:23 [40] |
| 2. Flademir Rudinei Groos | 1:20:35 [37] |
| 3. Claudinei Nitsch | 1:21:20 [35] |

1.	347	00:03:15		340m	9'34"/km
2.	338	00:02:46	00:06:01	308m	8'59"/km
3.	324	00:01:39	00:07:40	178m	9'16"/km
4.	317	00:11:58	00:19:38	807m	14'50"/km
5.	318	00:01:15	00:20:53	162m	7'43"/km
6.	303	00:07:30	00:28:23	663m	11'19"/km
7.	339	00:07:11	00:35:34	504m	14'15"/km
8.	345	00:02:13	00:37:47	203m	10'55"/km
9.	306	00:02:13	00:40:00	245m	9'03"/km
10.	343	00:04:38	00:44:38	408m	11'21"/km
11.	303	00:04:34	00:49:12	338m	13'31"/km
12.	302	00:02:30	00:51:42	228m	10'58"/km
13.	337	00:03:15	00:54:57	268m	12'08"/km
14.	339	00:02:29	00:57:26	270m	9'12"/km
15.	336	00:04:05	01:01:31	269m	15'11"/km
16.	327	00:01:56	01:03:27	202m	9'34"/km
17.	307	00:05:21	01:08:48	688m	7'47"/km
18.	305	00:03:04	01:11:52	210m	14'36"/km
19.	348	00:17:03	01:28:55	1506m	11'19"/km
20.	354	00:02:25	01:31:20	238m	10'09"/km
21.	353	00:02:47	01:34:07	370m	7'31"/km
22.	321	00:02:36	01:36:43	142m	18'19"/km
23.	350	00:01:27	01:38:10	199m	7'17"/km
24.	320	00:03:50	01:42:00	433m	8'51"/km
25.	323	00:04:36	01:46:36	300m	15'20"/km
26.	325	00:07:16	01:53:52	456m	15'56"/km
27.	31	00:03:07	01:56:59	483m	6'27"/km
28.	999	00:00:24	01:57:23	77m	5'12"/km

Orienteering Software