



VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

Fazenda Chopim I - Palmas/PR 29.7.2023

Cobra Clube de Orientação

Gilnei Kraftzuk

Clube de Orientação de Curitiba

Percurso : H21E

Distancia : 11000m (Desnivel 420m)

Tempo : 1:40:04 (9'06"/km) [Pontos : 24]

13/34

O.K.

[Resultados completos em Webres](#)

1. Fábio Kuczkoski	1:10:23 [40]
2. Flademir Rudinei Groos	1:20:35 [37]
3. Claudinei Nitsch	1:21:20 [35]

1.	347	00:02:57		340m	8'41"/km
2.	338	00:02:49	00:05:46	308m	9'09"/km
3.	324	00:01:15	00:07:01	178m	7'01"/km
4.	317	00:10:18	00:17:19	807m	12'46"/km
5.	318	00:01:24	00:18:43	162m	8'39"/km
6.	303	00:06:01	00:24:44	663m	9'04"/km
7.	302	00:01:56	00:26:40	228m	8'29"/km
8.	337	00:02:17	00:28:57	268m	8'31"/km
9.	339	00:02:54	00:31:51	270m	10'44"/km
10.	345	00:01:38	00:33:29	203m	8'03"/km
11.	306	00:02:09	00:35:38	245m	8'47"/km
12.	343	00:03:58	00:39:36	408m	9'43"/km
13.	303	00:03:34	00:43:10	338m	10'33"/km
14.	339	00:05:07	00:48:17	504m	10'09"/km
15.	336	00:02:38	00:50:55	269m	9'47"/km
16.	327	00:02:17	00:53:12	202m	11'18"/km
17.	307	00:04:41	00:57:53	688m	6'48"/km
18.	305	00:03:04	01:00:57	210m	14'36"/km
19.	348	00:14:38	01:15:35	1506m	9'43"/km
20.	354	00:02:06	01:17:41	238m	8'49"/km
21.	353	00:02:26	01:20:07	370m	6'35"/km
22.	321	00:01:54	01:22:01	142m	13'23"/km
23.	350	00:01:21	01:23:22	199m	6'47"/km
24.	320	00:03:22	01:26:44	433m	7'47"/km
25.	323	00:03:42	01:30:26	300m	12'20"/km
26.	325	00:06:33	01:36:59	456m	14'22"/km
27.	31	00:02:40	01:39:39	483m	5'31"/km
28.	999	00:00:25	01:40:04	77m	5'25"/km

Orienteering Software