



**Gerhagen**  
**Tessengerlo 29.7.2023**  
**Omega**

**Lydie STEENAERTS**

Omega

Omloop : D:04

Afstand : 3540m

Tijd : 1:30:40 (25'37"/km)

**4/10**

O.K.

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- |                         |         |
|-------------------------|---------|
| 1. Rosie VAN PUymbroeck | 1:06:20 |
| 2. Anja STYNEN          | 1:07:29 |
| 3. An BLOCKX            | 1:19:42 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 131 | 00:27:43 |          | 321m | 86'21"/km |
| 2.  | 132 | 00:10:56 | 00:38:39 | 571m | 19'09"/km |
| 3.  | 133 | 00:07:21 | 00:46:00 | 229m | 32'06"/km |
| 4.  | 125 | 00:08:08 | 00:54:08 | 651m | 12'30"/km |
| 5.  | 126 | 00:02:53 | 00:57:01 | 326m | 8'51"/km  |
| 6.  | 125 | 00:03:14 | 01:00:15 | 326m | 9'55"/km  |
| 7.  | 126 | 00:02:56 | 01:03:11 | 326m | 9'00"/km  |
| 8.  | 134 | 00:06:42 | 01:09:53 | 269m | 24'54"/km |
| 9.  | 135 | 00:05:02 | 01:14:55 | 183m | 27'30"/km |
| 10. | 142 | 00:08:17 | 01:23:12 | 528m | 15'41"/km |
| 11. | 130 | 00:05:56 | 01:29:08 | 373m | 15'54"/km |
| 12. | 999 | 00:01:32 | 01:30:40 | 86m  | 17'50"/km |

HELGA

Orienteering Software