



VII COPA SUL DE ORIENTAÇÃO - Sprint

IFPR - Campus Palmas/PR 28.7.2023

Cobra Clube de Orientação

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Clube de Orientação de Curitiba

Percurso : H55B

Distancia : 1900m (Desnivel 35m)

Tempo : 0:27:14 (14'20"/km)

4/4

O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------------------|---------|
| 1. Ailton Terumi Mizuta | 0:18:49 |
| 2. Paulo Sadao Araki | 0:22:58 |
| 3. Paulo Cesar Rodrigues Castro | 0:23:13 |

1.	129	00:01:32		193m	7'57"/km
2.	128	00:01:10	00:02:42	124m	9'25"/km
3.	132	00:01:13	00:03:55	121m	10'03"/km
4.	71	00:01:31	00:05:26	166m	9'08"/km
5.	101	00:00:21	00:05:47	27m	12'58"/km
6.	70	00:01:13	00:07:00	121m	10'03"/km
7.	138	00:01:07	00:08:07	127m	8'48"/km
8.	131	00:00:32	00:08:39	58m	9'12"/km
9.	103	00:06:51	00:15:30	289m	23'42"/km
10.	108	00:04:23	00:19:53	216m	20'18"/km
11.	120	00:04:15	00:24:08	80m	53'08"/km
12.	119	00:02:16	00:26:24	64m	35'25"/km
13.	134	00:00:23	00:26:47	55m	6'58"/km
14.	90	00:00:14	00:27:01	28m	8'20"/km
15.	999	00:00:13	00:27:14	35m	6'11"/km

HELGA Orienteering Software