



## 3 Days of Belgium - Day 1

Daverdisse 30.6.2023

### Balise 10

**Vincent SILLIEN**

Pégase CO

Circuit : H40

Distance : 5000m (Dénivelé 80m)

Temps : 0:36:00 (7'12"/km)

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O.K.

[Résultats complets sur Webres](#)

- |                         |         |
|-------------------------|---------|
| 1. Jeroen VAN DER KLEIJ | 0:34:56 |
| 3. Patrick MAYERES      | 0:36:38 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 215 | 00:02:40 |          | 410m | 6'30"/km  |
| 2.  | 216 | 00:01:02 | 00:03:42 | 195m | 5'18"/km  |
| 3.  | 192 | 00:03:07 | 00:06:49 | 249m | 12'31"/km |
| 4.  | 210 | 00:00:42 | 00:07:31 | 110m | 6'22"/km  |
| 5.  | 197 | 00:02:08 | 00:09:39 | 225m | 9'29"/km  |
| 6.  | 174 | 00:02:37 | 00:12:16 | 411m | 6'22"/km  |
| 7.  | 226 | 00:01:07 | 00:13:23 | 181m | 6'10"/km  |
| 8.  | 168 | 00:01:29 | 00:14:52 | 202m | 7'21"/km  |
| 9.  | 213 | 00:02:08 | 00:17:00 | 294m | 7'15"/km  |
| 10. | 214 | 00:01:52 | 00:18:52 | 236m | 7'55"/km  |
| 11. | 221 | 00:04:03 | 00:22:55 | 386m | 10'30"/km |
| 12. | 203 | 00:03:02 | 00:25:57 | 428m | 7'05"/km  |
| 13. | 179 | 00:01:29 | 00:27:26 | 215m | 6'54"/km  |
| 14. | 219 | 00:01:35 | 00:29:01 | 245m | 6'28"/km  |
| 15. | 220 | 00:01:19 | 00:30:20 | 162m | 8'08"/km  |
| 16. | 201 | 00:02:37 | 00:32:57 | 465m | 5'38"/km  |
| 17. | 202 | 00:01:34 | 00:34:31 | 288m | 5'26"/km  |
| 18. | 181 | 00:00:36 | 00:35:07 | 98m  | 6'07"/km  |
| 19. | 255 | 00:00:42 | 00:35:49 | 97m  | 7'13"/km  |
| 20. | 999 | 00:00:11 | 00:36:00 | 95m  | 1'56"/km  |

Orienteering Software