



Nationale Sud-Ouest - Moyenne Distance
Lit-et-Mixe 17.6.2023
4012NA B.R.O.S

Pierre ELIAS

34080C AMSO34

Circuit : I1

Distance : 3850m (Dénivelé 50m)

Temps : 0:33:21 (8'40"/km)

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O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------|---------|
| 1. Iwan VIS | 0:28:27 |
| 2. Raphaël LE CAM | 0:30:58 |
| 3. Jean-Marc POIVERT | 0:32:01 |

1.	76	00:01:48		130m	13'51"/km
2.	83	00:02:06	00:03:54	250m	8'24"/km
3.	77	00:01:08	00:05:02	150m	7'33"/km
4.	72	00:00:31	00:05:33	78m	6'37"/km
5.	86	00:00:55	00:06:28	131m	7'00"/km
6.	87	00:01:41	00:08:09	218m	7'43"/km
7.	75	00:00:39	00:08:48	82m	7'56"/km
8.	88	00:01:31	00:10:19	206m	7'22"/km
9.	61	00:03:27	00:13:46	144m	23'58"/km
10.	89	00:02:36	00:16:22	365m	7'07"/km
11.	106	00:00:36	00:16:58	78m	7'42"/km
12.	103	00:01:09	00:18:07	126m	9'08"/km
13.	93	00:00:49	00:18:56	105m	7'47"/km
14.	52	00:03:51	00:22:47	350m	11'00"/km
15.	64	00:01:06	00:23:53	150m	7'20"/km
16.	65	00:02:50	00:26:43	411m	6'54"/km
17.	79	00:01:23	00:28:06	185m	7'29"/km
18.	67	00:01:23	00:29:29		
19.	118	00:01:41	00:31:10	126m	13'22"/km
20.	74	00:00:50	00:32:00	108m	7'43"/km
21.	255	00:00:46	00:32:46	88m	8'43"/km
22.	999	00:00:35	00:33:21	119m	4'54"/km

Orienteering Software