



Nationale Sud-Ouest - Moyenne Distance

Lit-et-Mixe 17.6.2023

4012NA B.R.O.S

Raphaël LE CAM

3502BR CRCO

Circuit : I1

Distance : 3850m (Dénivelé 50m)

Temps : 0:30:58 (8'03"/km)

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O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------|---------|
| 1. Iwan VIS | 0:28:27 |
| 3. Jean-Marc POIVERT | 0:32:01 |

1.	76	00:01:35		130m	12'11"/km
2.	83	00:01:52	00:03:27	250m	7'28"/km
3.	77	00:01:14	00:04:41	150m	8'13"/km
4.	72	00:00:33	00:05:14	78m	7'03"/km
5.	86	00:00:54	00:06:08	131m	6'52"/km
6.	87	00:01:44	00:07:52	218m	7'57"/km
7.	75	00:01:18	00:09:10	82m	15'51"/km
8.	88	00:02:17	00:11:27	206m	11'05"/km
9.	61	00:01:52	00:13:19	144m	12'58"/km
10.	89	00:03:03	00:16:22	365m	8'21"/km
11.	106	00:00:35	00:16:57	78m	7'29"/km
12.	103	00:00:59	00:17:56	126m	7'48"/km
13.	93	00:00:47	00:18:43	105m	7'28"/km
14.	52	00:02:08	00:20:51	350m	6'06"/km
15.	53	00:01:23	00:22:14	136m	10'10"/km
16.	64	00:00:29	00:22:43		
17.	65	00:02:55	00:25:38	411m	7'06"/km
18.	79	00:01:14	00:26:52	185m	6'40"/km
19.	118	00:02:09	00:29:01	315m	6'50"/km
20.	74	00:00:51	00:29:52	108m	7'52"/km
21.	255	00:00:37	00:30:29	88m	7'00"/km
22.	999	00:00:29	00:30:58	119m	4'04"/km

Orienteering Software