



Nationale Sud-Ouest - Moyenne Distance

Lit-et-Mixe 17.6.2023

4012NA B.R.O.S

Alban GIRAUD

7512IF RO'Paris

Circuit : E

Distance : 4910m (Dénivelé 65m)

Temps : 0:46:46 (9'31"/km)

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O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------|---------|
| 1. Jean-Michel PARZYCH | 0:32:24 |
| 2. Matthieu BARRIERE | 0:33:03 |
| 3. Martin MOTTET | 0:33:17 |

1.	70	00:02:47		175m	15'54"/km
2.	75	00:01:51	00:04:38	242m	7'39"/km
3.	69	00:00:36	00:05:14	65m	9'14"/km
4.	81	00:00:54	00:06:08	129m	6'59"/km
5.	96	00:03:03	00:09:11	259m	11'47"/km
6.	110	00:01:32	00:10:43	168m	9'08"/km
7.	112	00:05:24	00:16:07	796m	6'47"/km
8.	113	00:00:39	00:16:46	80m	8'08"/km
9.	114	00:01:59	00:18:45	200m	9'55"/km
10.	101	00:03:14	00:21:59	337m	9'36"/km
11.	116	00:01:24	00:23:23	132m	10'36"/km
12.	102	00:07:42	00:31:05	319m	24'08"/km
13.	117	00:02:24	00:33:29	224m	10'43"/km
14.	93	00:01:23	00:34:52	162m	8'32"/km
15.	106	00:00:52	00:35:44	150m	5'47"/km
16.	100	00:01:35	00:37:19	251m	6'18"/km
17.	53	00:00:34	00:37:53	90m	6'18"/km
18.	90	00:03:18	00:41:11	433m	7'37"/km
19.	66	00:01:00	00:42:11	134m	7'28"/km
20.	111	00:03:20	00:45:31	273m	12'13"/km
21.	255	00:00:43	00:46:14	103m	6'57"/km
22.	999	00:00:32	00:46:46	119m	4'29"/km

Orienteering Software