



Nationale Sud-Ouest - Moyenne Distance

Lit-et-Mixe 17.6.2023

4012NA B.R.O.S

Matthieu BARRIERE

3319NA SMOG

Circuit : E

Distance : 4910m (Dénivelé 65m)

Temps : 0:33:03 (6'44"/km)

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O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------|---------|
| 1. Jean-Michel PARZYCH | 0:32:24 |
| 3. Martin MOTTET | 0:33:17 |

1.	70	00:01:50		175m	10'29"/km
2.	75	00:01:46	00:03:36	242m	7'18"/km
3.	69	00:00:27	00:04:03	65m	6'55"/km
4.	81	00:00:44	00:04:47	129m	5'41"/km
5.	96	00:01:50	00:06:37	259m	7'05"/km
6.	110	00:01:18	00:07:55	168m	7'44"/km
7.	112	00:03:52	00:11:47	796m	4'51"/km
8.	113	00:00:50	00:12:37	80m	10'25"/km
9.	114	00:01:14	00:13:51	200m	6'10"/km
10.	101	00:03:35	00:17:26	337m	10'38"/km
11.	116	00:00:58	00:18:24	132m	7'19"/km
12.	102	00:02:24	00:20:48	319m	7'31"/km
13.	117	00:02:42	00:23:30	224m	12'03"/km
14.	93	00:00:59	00:24:29	162m	6'04"/km
15.	106	00:00:47	00:25:16	150m	5'13"/km
16.	100	00:01:16	00:26:32	251m	5'03"/km
17.	53	00:00:26	00:26:58	90m	4'49"/km
18.	90	00:02:28	00:29:26	433m	5'42"/km
19.	66	00:00:46	00:30:12	134m	5'43"/km
20.	111	00:01:48	00:32:00	273m	6'36"/km
21.	255	00:00:36	00:32:36	103m	5'50"/km
22.	999	00:00:27	00:33:03	119m	3'47"/km

Orienteering Software