



Nationale Sud-Ouest - Moyenne Distance
Lit-et-Mixe 17.6.2023
4012NA B.R.O.S

Hélène POLASKOVA-MENARD

4403PL NAO

Circuit : B

Distance : 4650m (Dénivelé 55m)

Temps : 1:13:31 (15'49"/km)

10/14

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------|---------|
| 1. Alina PALCAU | 0:39:27 |
| 2. Charlotte SOLTYSIAK | 0:52:26 |
| 3. Aurelia PARIS | 0:54:37 |

1.	76	00:03:45		130m	28'51"/km
2.	105	00:03:42	00:07:27	155m	23'52"/km
3.	91	00:05:57	00:13:24	143m	41'37"/km
4.	96	00:02:51	00:16:15	296m	9'38"/km
5.	97	00:03:44	00:19:59	433m	8'37"/km
6.	98	00:02:22	00:22:21	271m	8'44"/km
7.	99	00:01:16	00:23:37	180m	7'02"/km
8.	101	00:04:13	00:27:50	447m	9'26"/km
9.	116	00:01:19	00:29:09	132m	9'58"/km
10.	102	00:20:43	00:49:52	319m	64'57"/km
11.	115	00:02:34	00:52:26	242m	10'36"/km
12.	120	00:03:31	00:55:57	87m	40'25"/km
13.	107	00:01:21	00:57:18	161m	8'23"/km
14.	77	00:06:56	01:04:14	559m	12'24"/km
15.	62	00:00:37	01:04:51	69m	8'56"/km
16.	84	00:00:49	01:05:40	71m	11'30"/km
17.	79	00:03:37	01:09:17	368m	9'50"/km
18.	74	00:02:51	01:12:08	310m	9'12"/km
19.	255	00:00:51	01:12:59	88m	9'40"/km
20.	999	00:00:32	01:13:31	119m	4'29"/km

Orienteering Software