



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Line ROIRAND

4010NA BONO

Circuit : J

Distance : 5000m (Dénivelé 70m)

Temps : 1:06:37 (13'19"/km)

17/55

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Marie-Christine BRAULT | 0:48:00 |
| 2. Martine WIBART | 0:50:27 |
| 3. Oriane MARCON | 0:51:19 |

1.	47	00:03:24		304m	11'11"/km
2.	36	00:02:39	00:06:03	309m	8'35"/km
3.	38	00:05:28	00:11:31	520m	10'31"/km
4.	42	00:07:06	00:18:37		
5.	58	00:06:17	00:24:54		
6.	49	00:01:02	00:25:56	77m	13'25"/km
7.	43	00:02:28	00:28:24	63m	39'09"/km
8.	112	00:19:07	00:47:31	1307m	14'38"/km
9.	48	00:02:35	00:50:06	232m	11'08"/km
10.	110	00:02:32	00:52:38	202m	12'32"/km
11.	54	00:02:44	00:55:22	259m	10'33"/km
12.	34	00:09:00	01:04:22	811m	11'06"/km
13.	255	00:01:39	01:06:01	233m	7'05"/km
14.	999	00:00:36	01:06:37	155m	3'52"/km

HELGA

Orienteering Software