



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Jean-Philippe DIEZ

32040C CARTO 32

Circuit : I1

Distance : 6560m (Dénivelé 110m)

Temps : 1:05:16 (9'57"/km)

15/41

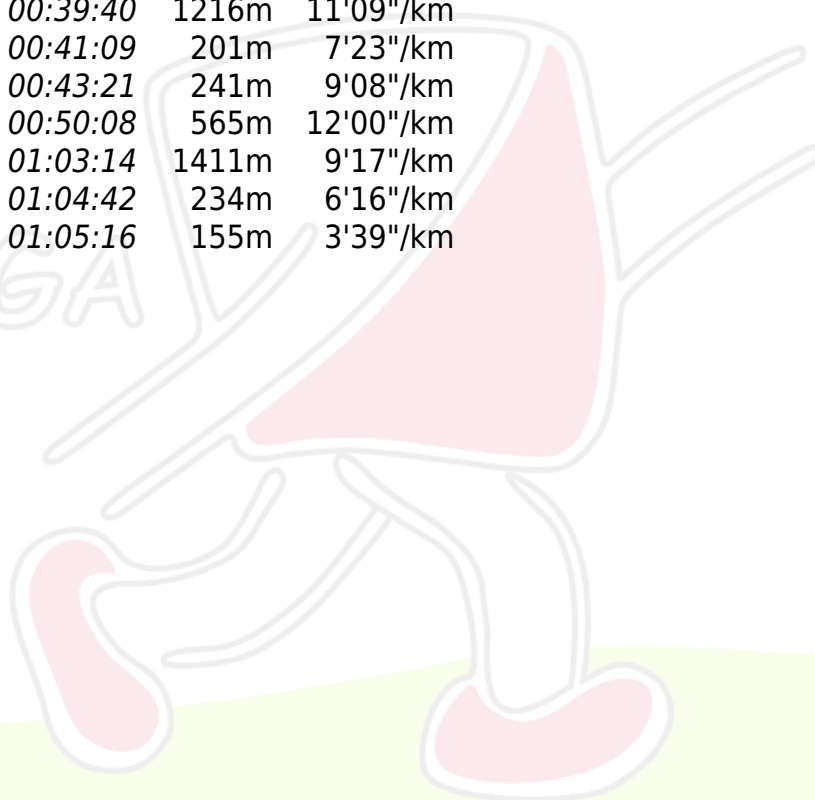
O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------|---------|
| 1. Raphaël LE CAM | 0:46:40 |
| 2. Pierre ELIAS | 0:47:20 |
| 3. Jean-Christophe LEDUC | 0:48:58 |

1.	36	00:05:15		576m	9'07"/km
2.	45	00:00:56	00:06:11	107m	8'43"/km
3.	41	00:09:38	00:15:49	835m	11'32"/km
4.	58	00:02:10	00:17:59	280m	7'44"/km
5.	49	00:00:52	00:18:51	77m	11'15"/km
6.	43	00:01:10	00:20:01	63m	18'31"/km
7.	98	00:06:06	00:26:07	538m	11'20"/km
8.	115	00:13:33	00:39:40	1216m	11'09"/km
9.	60	00:01:29	00:41:09	201m	7'23"/km
10.	53	00:02:12	00:43:21	241m	9'08"/km
11.	39	00:06:47	00:50:08	565m	12'00"/km
12.	104	00:13:06	01:03:14	1411m	9'17"/km
13.	255	00:01:28	01:04:42	234m	6'16"/km
14.	999	00:00:34	01:05:16	155m	3'39"/km

HELGA



Orienteering Software