



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Eric BONDIVENNE

6408NA COOL

Circuit : I1

Distance : 6560m (Dénivelé 110m)

Temps : 0:59:44 (9'06"/km)

12/41

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------|---------|
| 1. Raphaël LE CAM | 0:46:40 |
| 2. Pierre ELIAS | 0:47:20 |
| 3. Jean-Christophe LEDUC | 0:48:58 |

1.	36	00:03:52		576m	6'43"/km
2.	45	00:00:41	00:04:33	107m	6'23"/km
3.	41	00:06:36	00:11:09	835m	7'54"/km
4.	58	00:01:50	00:12:59	280m	6'33"/km
5.	49	00:02:08	00:15:07	77m	27'42"/km
6.	43	00:00:31	00:15:38	63m	8'12"/km
7.	98	00:06:42	00:22:20	538m	12'27"/km
8.	115	00:11:33	00:33:53	1216m	9'30"/km
9.	60	00:01:39	00:35:32	201m	8'13"/km
10.	53	00:01:57	00:37:29	241m	8'05"/km
11.	39	00:06:02	00:43:31	565m	10'41"/km
12.	104	00:14:26	00:57:57	1411m	10'14"/km
13.	255	00:01:24	00:59:21	234m	5'59"/km
14.	999	00:00:23	00:59:44	155m	2'28"/km

HELGA

Orienteering Software