



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Pierre PUGHEON

9502IF ACBeauchamp

Circuit : I1

Distance : 6560m (Dénivelé 110m)

Temps : 0:57:52 (8'49"/km)

9/41

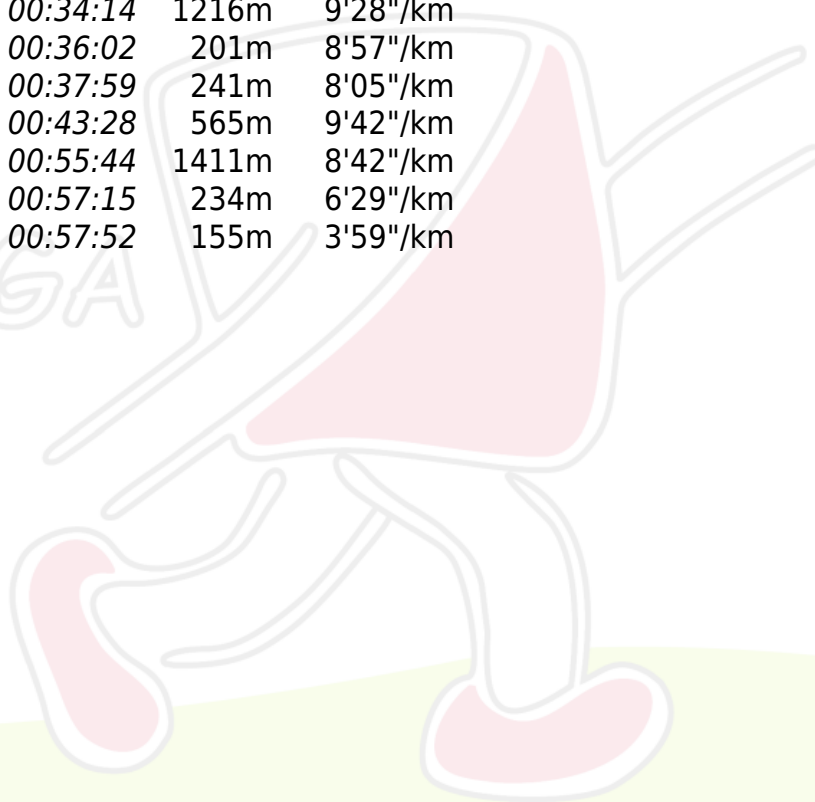
O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------|---------|
| 1. Raphaël LE CAM | 0:46:40 |
| 2. Pierre ELIAS | 0:47:20 |
| 3. Jean-Christophe LEDUC | 0:48:58 |

1.	36	00:04:54		576m	8'30"/km
2.	45	00:00:35	00:05:29	107m	5'27"/km
3.	41	00:09:29	00:14:58	835m	11'21"/km
4.	58	00:01:35	00:16:33	280m	5'39"/km
5.	49	00:00:56	00:17:29	77m	12'07"/km
6.	43	00:00:58	00:18:27	63m	15'21"/km
7.	98	00:04:16	00:22:43	538m	7'56"/km
8.	115	00:11:31	00:34:14	1216m	9'28"/km
9.	60	00:01:48	00:36:02	201m	8'57"/km
10.	53	00:01:57	00:37:59	241m	8'05"/km
11.	39	00:05:29	00:43:28	565m	9'42"/km
12.	104	00:12:16	00:55:44	1411m	8'42"/km
13.	255	00:01:31	00:57:15	234m	6'29"/km
14.	999	00:00:37	00:57:52	155m	3'59"/km

HELGA



Orienteering Software